

Information overload and environmental degradation: learning from H.A. Simon and W. Wenders

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ABSTRACT

This paper discusses the relevance of information overload for explaining environmental degradation, insofar it can reduce individuals' awareness of the unsustainable side-effects of their choices. This "myopia" is reinforced by the increased distance from nature in everyday life brought about by the abundance of exosomatic energy. The departure point of the paper is to show that two outstanding intellectuals, engaged in very different fields, have set forth very similar reflections on the effects of information overload, namely the film director Wim Wenders and the social scientist, really a polymath, Herbert Simon, whose relevance to ecological economics has been recognised. The presentation of their ideas is then complemented by a presentation of the state of the art on information overload, which allows moving to our core argument about environmental degradation.

Keywords: information overload; knowledge; awareness; individual decision-making; environmental concern; H.A. Simon; W. Wenders; film.

HIGHLIGHTS:

- Information overload (IO) is a key notion both in Simon's and Wenders' works
- IO and distance from nature lower awareness of environmental side effects of choice
- Low awareness helps explaining environmental degradation

1 Introduction

Mainstream economics attributes environmental degradation to wrong economic incentives. Since the seminal contribution by Pigou (1920), the notion of "externalities" has become a key conceptual tool, and the remedy is taxation to internalise them. The Chicago school approach to the issue, started by Coase (1960), has shifted the focus to the lack of well-defined property rights. This, however, has not changed the narrative (Klink 1994): economists argue that the economy "consumes" too much "environment" because its price is zero (Pearce et al. 1989).

36 Unfortunately, the role of other factors remained rather unexplored within economics, at
37 least until the recent acceptance of behavioural insights. We do not deny that wrong incentives at
38 the individual level are important; at the same time a necessary premise for rational decision
39 making is the actors to be aware of the consequences of their choices. In this paper, we highlight
40 that such awareness can be hindered by information overload and artificialization of contemporary
41 life, which can become useful analytical categories to explain environmental degradation.

42 Concern for information overload, which was so central for Herbert Simon, who dedicated
43 his life to the study of decision-making, also shaped the (early) works of the film director Wim
44 Wenders. With its transdisciplinary focus, Ecological Economics can benefit also from insights
45 coming from outside academia, including cinema (Mayumi et al., 2005, is an interesting example).
46 Analysing the similarity between Simon and Wenders shows not only how close intellectuals
47 working in different fields can be, but also how fruitful their ideas can be applied to another field
48 - sustainability studies in this case. After elaborating on their contributions (sections 2 and 3), we
49 briefly discuss the concept of information overload and the main findings of the several disciplines
50 that have been dealing with it, including behavioural environmental studies (section 4). The
51 implications of information overload and energy abundance for environmental degradation are
52 then drawn; we show how those implications can also be modelled within a standard consumer's
53 choice problem (section 5). Finally, we draw some general conclusions (section 6).

54 **2 Herbert Simon**

55 As is well-known, Herbert A. Simon (Milwaukee, 1916 – Pittsburgh, 2001) was one of the most
56 influential social scientists of the twentieth century, an eclectic scholar who gave seminal
57 contributions to different disciplines, namely information technology, artificial intelligence,
58 cognitive psychology, and economics. Because of his achievements, he got many important
59 awards, among which, in 1975 (with A. Newell), the most prestigious recognition in computer
60 science, the Turing Award, and in 1978 the Nobel Memorial Prize in Economic Sciences. This
61 section on Simon serves not only the purpose of allowing a comparison with Wim Wenders, but
62 also to emphasise that the concept of “bounded rationality” has neither to be confused with a form
63 of imperfect rationality nor interpreted as constrained maximisation. This is crucial to our
64 arguments.

65 The common thread running through Simon's almost one thousand publications is the desire
66 to understand decision-making processes, “I am a monomaniac. What I am a monomaniac about
67 is decision-making” he confessed to one of his students (Feigenbaum, 2001: 2107). Interested in

68 knowing how human beings face and solve problems, he spent his academic life to understand the
69 principles that the human mind follows in processing and using information.

70 In many of his writings, and also in the Nobel Prize lecture (Simon, 1978b), he criticised
71 the notion of rationality used in economics for not considering the limits of the human mind. He
72 pointed out many failures and epistemological weaknesses of the neoclassical economic theory,
73 which is grounded on a narrow notion of rationality that does not help explaining empirical
74 observations better than the common sense of rationality. He highlighted that many deductions of
75 neoclassical models do not require the hypothesis of perfect rationality; for instance - as admitted
76 also by a champion of mainstream economics, the Nobel laureate G. Becker - utility maximisation
77 is not necessary for obtaining decreasing demand function (Simon, 1978b: 347-9). By bringing
78 numerous examples, Simon showed (e.g. Simon, 1986: S213-215; Simon, 1978a: 4-5) how the
79 deductions of neoclassical theory are grounded more on auxiliary hypotheses (e.g. particular
80 specifications of the model), rather than on an “omniscient” rationality, a term already used in
81 1959 (Simon, 1959: 265). Incidentally, it has to be recalled that also the Nobel laureate K.J.
82 Arrow, a scholar who greatly contributed to neoclassical theory, expressed similar concerns.
83 Arrow admitted not only that rationality is often a non- necessary hypothesis (Arrow, 1990: 26),
84 but also that rationality

85 “[...] is most plausible under very ideal conditions. When these conditions cease to
86 hold, the rationality assumptions become strained and possibly even self-
87 contradictory. They certainly imply an ability at information processing and
88 calculation that is far beyond the feasible and that cannot well be justified as the result
89 of learning and adaptation.” (Arrow, 1990: 25)

90 The core of Simon’s thesis was the need of attributing a “procedural” meaning to rationality. The
91 mainstream “substantive rationality” is focused only on the results, “[b]ehaviour is substantively
92 rational when it is appropriate to the achievement of given goals within the limits imposed by
93 given conditions and constraints” (Simon, 1976: 66). Neoclassical economics, differently from
94 other social sciences, is not interested in “the nature and origins of values and their changes with
95 time and experience” as well in describing and explaining “the ways in which non rational
96 processes (e.g., motivations, emotions, and sensory stimuli) influence the focus of attention and
97 the definition of the situation that set the factual givens for the rational processes” (Simon, 1986:
98 S210). In contrast, for example, when “psychologists use the term ‘rational’, it is usually
99 procedural rationality they have in mind”, and a “behaviour is procedurally rational when it is the
100 outcome of appropriate deliberation” (Simon, 1976: 67).

101 Once the focus has moved from outcome to process, the nature of the problem to be faced

102 becomes crucial for defining rationality; a substantive approach is appropriate for simple
103 problems, while it is irrational if the decisional context is difficult. For instance, substantive
104 rationality would require playing chess by writing down the entire game tree made by all the
105 possible moves. The reason why nobody, not even computer programs, plays by writing the whole
106 game tree is time (and probably also physical limits!):

107
108 “Normally, when a chess player is trying to select his next move, he is faced with an
109 exponential explosion of alternatives. For example, suppose he considers only ten
110 moves for the current position; each of these moves in turn breeds ten new moves, and
111 so on. Searching to a depth of six plies (three moves by White and three by Black) will
112 already have generated a search space with a million paths” (Simon and Chase, 1973:
113 394).

114
115 A player who would try to play chess by writing the game’s tree could not be considered as
116 rational. Rather, a rational person can adapt the decisional procedure to the difficulties of the task
117 in relation to his/her own computational capacities. The study of the cognitive processes has
118 shown how in real-life situations, the “difficult” problems are solved by selectively reducing the
119 number of possible paths. In a similar way, operational research tackles the integer programming
120 problems (Simon, 1978a: 11). Humans, who are not abstractly omniscient beings with infinite
121 computational capabilities, explore only a little part of the possible alternatives, addressing only
122 the most promising ones; they follow “rules of thumb” or “heuristics rules” that derive from the
123 identification of patterns and/or trials and errors that come from past experiences (Simon, 1978b:
124 362).

125 To restrict the choice domain requires giving up the idea of looking for maximizing
126 solutions but aiming at satisficing solutions, as human beings do in their real lives. Procedurally
127 rational individuals look for “satisficing models that provide good enough decisions with
128 reasonable costs of computation. By giving up optimization, a richer set of properties of the real
129 world can be retained in the models.” (Simon, 1978b: 350). At the same time, Simon admitted
130 that, in some instances a maximising solution of a simple model can be “satisficing” in the real
131 world (Simon, 1978b: 350). In any case, ‘selective search’ and ‘satisficing’ is a binomial, which
132 defines truly rational behaviour in real decisional contexts, namely procedural rationality (e.g.
133 Simon, 1978b: 356).

134 Clearly, the attention to the real decisional processes opens the doors to other radical
135 changes in the representation of the individual and implies the need to include contributions from
136 cognitive psychology. For example, Simon notes that the level of “aspiration” for which the
137 individual ends his/her own valuation process and considers him/herself satisfied changes

138 depending on how much the surrounding environment is favourable or not (Simon, 1978b: 356).
139 Moreover, individuals usually do not have given ends, which are rather adapted to the available
140 means, this implying that, individual values change over time and with experience. Finally,
141 individuals are affected by emotions and sensorial stimuli (Simon, 1986: S210).

142 Unfortunately, the acknowledgement of the complex and dynamic nature of rationality led
143 to a common misunderstanding in behavioural economics, namely overlooking the distinction
144 between procedural rationality and “irrationality”. Probably, this confusion has been also nurtured
145 by the fact that Simon has coined and used the expression “bounded rationality”. This expression,
146 if decontextualized from Simon’s thought, is ambiguous and allows two different
147 misinterpretations. On the one hand, Simon’s perspective can be reduced to mainstream rational
148 choice, by viewing it as a maximization of given ends under constraints and limits that have not
149 been considered before. Even within the information overload literature (see below), the focus is
150 sometimes on outcomes, that is, on “the decision maker’s ability to optimally determine the best
151 possible decision” (Roetzel, 2018: 6). On the other hand, “bounded rationality” can be interpreted
152 as a partially flawed rationality, a mix of rationality and biases, a direction that has been
153 successfully pursued by behavioural economics. Indeed, in many of his writings, Simon pointed
154 out that individuals deviate from the standard assumption of neoclassical economics, also by
155 showing irrationalities and biases. Nonetheless, Simon’s bounded rationality was neither
156 constrained optimization, nor imperfect rationality; for him, what is bounded is not rationality but
157 individual computational capacities as compared to the requirements of many real-life choices; as
158 a consequence, the “procedural” one is the highest form of rationality.

159 Simon’s ideas are relevant within ecological economics both via procedural rationality and
160 hierarchical complexity (Foxon, 2006). Procedural rationality has greatly influenced
161 environmental behavioural economics (see below) and counts as an epistemological foundation
162 for social multicriteria evaluation (Munda 2004), but is also related to the notion of Post-Normal
163 Science (PNS) (e.g. Funtowicz and Ravetz, 1994), which is a constituent of Ecological Economics
164 (see e.g. Castro e Silva and Teixeira, 2011). Consistently with Simon’s approach, PNS shows that,
165 when complexity of the decisional context gives rise to high uncertainty and ignorance, science
166 cannot go for truth, but must go for quality.

167 **3 Wim Wenders**

168 We have seen that the relationship between mental capabilities and the decisional environment is
169 at the basis of Simon’s contribution. To acknowledge that minds have limits in comparison to the

170 decisional environment implies the need of focusing on how humans actually process information
171 for choosing. Simon overturned the mainstream economics concern for scarcity of information,
172 pointing out that the truly scarce resource is the time that an individual is able and willing to spend
173 on processing information, that is, mental attention. In a rather well-known paper, he stated:

174 “In an information-rich world, the wealth of information means a dearth of something
175 else: a scarcity of whatever it is that information consumes. What information
176 consumes is rather obvious: it consumes the attention of its recipients. Hence a wealth
177 of information creates a poverty of attention and a need to allocate attention efficiently
178 among the overabundance of information sources that might consume it.” (Simon,
179 1971: 40-41)

180 A surprisingly similar perspective is expressed by the film director, playwright, author,
181 photographer, and producer Wim Wenders (Düsseldorf, 1945) in several of his writings and
182 interviews. For instance, he wrote that

183 “If there is too much to see, that is, if an image is too full, or if there are too many
184 images, the effect is: you don’t see anything anymore. ‘Too much’ turns quickly into
185 ‘nothing’. You all know that. You also know the other effect: if an image is empty, or
186 almost empty, and sparse, it can reveal so much that it completely fills you, and the
187 emptiness becomes ‘everything’. [...] (Wenders, 1992: 98-99, original emphasis)

188 Wenders based his cinema on the awareness that the mind reacts very differently, depending on
189 whether the information contained in the visual experience is scarce or abundant. He emphasised
190 that stimulating the eyes of spectators at high rates generates an excess of information that
191 hampers the ability to think, understand, and know.

192 Briefly recalling a few of the founding elements of his cinema, particularly his early one (1970-
193 1984), will help to show both the closeness and the complementarity between Wenders’ and
194 Simon’s ideas on information overload and their model of agency. After a short experience as a
195 student, first in medicine and then in philosophy, in 1966 Wenders started studying painting in
196 France and working as engraver. Soon he got fascinated by the *Cinémathèque* and began to write
197 articles and critics for cinema magazines. Back to Germany in 1967, he attended the “Hochschule
198 für Fernsehen und Film München” (University of Television and Film Munich) and made his first
199 short films, in collaboration with other German artists. Wenders’ painting experience strongly
200 influenced his early style and poetics in making movies since he considers films as a sequence of
201 images, pictures playing a central role in the composition of the work. Vast images, resembling
202 landscapes’ pictures, and slow tracking shots go along the characters through their adventures.
203 Long times, with vague frames and slow dialogues, along with a balanced and wide rhythm in the
204 editing phase have not only aesthetic reasons, they allow the spectator to participate in dramaturgy

205 construction. For him, films having a soul are born out of a dream, or from an intuition to be
206 developed also with the contribution of spectators (Wenders, 1997: 18 and ff.). In his ethical
207 conception of art, spectators should be actors to whom the movie offers personal cognitive
208 experiences. This is well explained by what Wenders himself wrote, referring to his films *Summer*
209 *in the City* and *The Goalkeeper's Fear of the Penalty*:

210 "There are films where you can't discover anything, where there's nothing to be
211 discovered, because everything in them is completely unambiguous and obvious.
212 Everything is presented exactly the way it's supposed to be understood. And then
213 there are other films, where you're continually noticing little details, films that leave
214 the room for all kinds of possibilities. Those are mostly films where the images don't
215 come complete with their interpretations." (Wenders 1991:3)

216 Slowing down the pace of the images is the technique used to allow the eyes of the spectator to
217 effortlessly move on the screen. Wenders offers images that are "visible" in all their parts¹.

218 Some films are like closed walls: there is not a single gap between its images that
219 would allow you to see anything else than what this movie shows you. Your eyes and
220 your mind are not allowed to wander. You cannot *add* anything from yourself to that
221 particular film, no feelings, no experience. You stumble out empty afterwards, like
222 you have been abused. Only those films with gaps in between their imagery are telling
223 stories, that is my conviction. A story only exists and comes to life in the mind of the
224 viewer or listener." (Wenders, 1992: 98-99, original emphasis)

225
226 This leads us to a key element, which is also central to our argument on environmental
227 degradation, namely the "act of seeing", which is also the title of a book by Wenders (1997). The
228 process of seeing is everything but simple, because of those escaping impressions we can perceive
229 with our peripheral eyes, namely those impressions that are under our eyes, but that we do not
230 embrace and decode completely. Those impressions/sensations peripherally perceived with the
231 corner of the eyes make the film a sort of research experience allowing the spectators to think, to
232 freely imagine while watching, connecting the elements of dramaturgy. For Wenders, the
233 peripheral vision not only allows spectators to feel themselves co-authors of the artistic work, but
234 also provides a refreshing and regenerating sensation in their minds due to the imaginative and
235 creative process in which they are involved.

236 In the ancient Greek culture, thinking and seeing are intrinsically and tightly related. The two
237 terms *εἶδος* and *ἰδέα*, the generic translation of which is "idea", were already in use in the pre-
238 platonic language to indicate *the visible form of things*, what is physically seen, perceived by the

¹ For the same reason, Wenders has criticized most of television productions, characterized by crowded images, pressed and quick editing, that do not allow breathing and thinking freely.

239 eyes. Later, in his *Dialogs*, Plato uses *εἶδος* and *ἰδέα* with a different understanding; they pertain
240 to the inner form of things, they are the specific objects of the thinking, the true absolute being
241 (Reale, 1988:74). What we can see with the eyes of our bodies are physical things, while what we
242 can see with the eyes of our mind are the non-physical things; the eye of intelligence can see
243 intelligible forms, which are pure essences. It is not by chance that Plato coined the expressions
244 “the mind eye” and “the soul eye” (Reale, 1988:77). Thus, “*idea*” is not only the essence of the
245 observed things, but also the relation between the object of observation and the observer,
246 something that can be seen by the eyes and the mind. The connection between the act of seeing
247 and the thinking, linguistically and conceptually lies in the ancient root *ιδ*, from which also derives
248 the verbal form of *οἶδα*, which literally means “I know because I saw”. The etymological Greek
249 intuition that seeing and thinking are strictly related is actually not too far from the effective
250 functioning of the physio-psychological system of vision (see, for example, Le Doux, 2003). Eye
251 and mind work together, and they influence each other: the first offers materials to the mind and
252 activates the information storage, the other stimulates the reception abilities/skills of the eye until
253 the fine grade of vision that we normally know/use in our daily life. Therefore, the quality of
254 perception of the external reality – also from the other sensorial channels – can influence our
255 mental processes and consequently our choices.

256 The connection between seeing and thinking/understanding is also at the core of
257 Wittgenstein’s reflection on “aspect seeing” or “seeing as” (Wittgenstein, 1953, 1982), i.e., the
258 peculiar cognitive mode that let us grasp the duck or the rabbit in the famous picture popularized
259 by *Gestalt psychology*. Wittgenstein underlines that seeing one (or the other) aspect of such
260 ambiguous images is *per se* (that is, without the mediation of concepts) understanding the meaning
261 of the image and that this understanding consists in a reorganization of the perception such that
262 new relations among the features of the object emerge (Johnston, 2002). These two characteristics
263 of aspect seeing - its immediacy and its relational nature – bridges Simon and Wenders. Both
264 believe that human action should be guided by knowledge, which in turn involves an agency
265 theory based on perceiving and thinking rather than on automata with given ends responding to
266 external constraints and/or stimuli.

267 Of course, the above-mentioned arguments require keeping distinct information and
268 knowledge, differently from what is assumed by the homo oeconomicus model, but consistently
269 with the wide discussion in cognition sciences, philosophy of science and cybernetics. A useful
270 framework is the *data-information-knowledge-wisdom* theory (DKIW)², the first formulation of

² For an historical introduction see Wallace (2007). For a critical discussion of the developments of the theory see

271 which is attributed to Kenneth Boulding who distinguished "signals, messages, information, and
272 knowledge" in his 1955 article "Notes on the Information Concept" (Boulding, 1955). The notions
273 included in this theory are the object of ongoing re-discussion and clarification (for an overview
274 of the debate see Zins, 2007) and got a robust systematization by Russell Ackoff (1989)³ - an
275 American systems theorist and professor of organizational change - that is well presented by
276 Ahsan & Shah (2007), whose article also provides a very useful quotations to conclude this
277 section:

278 "when information is given meaning by interpreting it, information becomes
279 knowledge. At this point, facts exist within a mental structure that consciousness can
280 process, for example, to predict future consequences, or to make inferences".

281 **4 Information overload**

282 Before moving to the core of our argument, it is useful to briefly review the state of the art on the
283 concept of information overload and its application to environmental studies. The idea that
284 information can be excessive and overburden people is an old one (e.g., Edmunds and Morris,
285 2000: 19-20, Blair, 2011: 1-2). It is even indirectly referred already in the Ecclesiastes⁴, as
286 Bawden and Robinson (2009: 183) stated. Information overload in its modern sense is often traced
287 back (e.g., Klapp, 1986: 98-99) to the sociologist George Simmel [1903, (1950: 413-414)], who
288 argued that city inhabitants are sensorially overburdened by the urban context that makes them
289 jaded and also incapable to react to new situations. But also, the economist Hotelling, in 1938,
290 warned against the negative effects of the excess demand for attention generated by media and
291 advertisements (see Festre & Garrouste, 2015).

292 Most probably, the first use of the term "information overload" came from Bertram Gross,
293 who argued that an excess of information available to a person aiming to complete a task or take
294 a decision can negatively influence the process itself and result in a poor (or even no) decision
295 (Gross, 1964:856). During the years, because of its relevance in our contemporary times, this
296 phenomenon has been referred to, studied, and discussed in different contexts and disciplines,
297 such as psychology, information technology, health, mass communication, management related
298 disciplines, etc. Moreover, the phenomenon has been changing over the time (see e.g. Bawden
299 and Robinson, 2009). Consequently, there is not a single definition for it, and different terms are

Rowley (2007).

³ The discussion of the notions of "understanding" – which Ackoff introduced in the DKIW paradigm – and "wisdom" is out of the scope of this article. For the interested reader, we only report Ackoff's definitions Ackoff refers to understanding as an "appreciation of 'why'", and wisdom as "evaluated understanding".

⁴ "of making many books there is no end; and much is study is a weariness of the flesh" Ecclesiastes, Chapter 12, v.6

300 used to refer to the phenomenon, e.g., ‘cognitive load’, ‘data smog’, ‘information fatigue’,
301 ‘document tsunami’ (Eppler and Mengis, 2004: 326; Roetzel, 2018: 6-7). However, the widely
302 accepted meaning of the term relates to an individual's efficiency and accuracy in decision making
303 processes. Information overload occurs when the excessive availability of relevant information
304 becomes an obstacle for processing it and making decisions (Bawden and Robinson, 2009: 182-
305 3). As highlighted by Epple and Mangis (2004: 331), “there is wide consensus today that heavy
306 information load can affect the performance of an individual negatively (whether measured in
307 terms of accuracy or speed)”.

308 The seminal contributions about information overload came from psychology and cognitive
309 science, namely the famous Miller’s article “The magical number seven plus or minus two”
310 (Miller, 1956), and two books, respectively by Schroder et al. (1967) and Simon and Newell
311 (1971) (see also Simon, 1979). The developments of the studies on information overload have
312 been summarized by several reviews, most of which have a disciplinary focus, while Bawden et
313 al. (1999), Epple and Mangis (2004), Goetzel (2018) encompass several disciplines.

314 The general reason why information overload occurs is because the processing requirements
315 exceed the processing capacities. Requirements and capacities are both quantitative and
316 qualitative. Time is an example of a quantitative variable. The time required to process
317 information has to be compared with the time available to individuals (or their willingness to
318 spend time). Qualitative facets relate to personal capacities, to information characteristics
319 (ambiguity, uncertainty, intensity/complexity, novelty, consistency, redundancy), and to
320 characteristics of the task/decision. Moreover, there is an interaction between requirements and
321 capacities since too demanding requirements impair the capacity and the motivation of individuals
322 making them stressed, confused, anxious. As found by the academic literature (see e.g., Epple and
323 Mangis, 2004), individuals react by allocating less time to each information input, ignoring a large
324 part of information by filtering it out, and relying on external sources that synthesise it. Also,
325 identifying the relationship between details and the overall perspective becomes more difficult.
326 The individuals end up needing more time to reach a decision, which results in accuracy loss or
327 even in not taking a decision.

328 Research that has been inquiring the issue of information overload has focused on several
329 different issues. For instance, Goetzel (2018) organised his review by suggesting five categories,
330 namely, the starting situation (e.g. task complexity, environment, personal characteristics), the
331 role of the source of information (e.g., information system, database, social media, ...), the
332 information search and information processing (e.g. the information characteristics such as its
333 novelty, and conditions of time pressure/restrictions), the subjective informational stance of the

334 decision-maker, and behaviour and emotions after decision-making. To the purpose of the present
335 paper, however, the detailed results of the academic literature are not needed; it is sufficient
336 highlighting that a well-established finding has emerged, namely, that the relationship between
337 the amount of available information and the quality of the decision-making process has an
338 inverted-U shaped curve, as suggested by Schroeder et al (1967) more than 50 years ago. When
339 information is low, its increase will improve the decision-making process. However, beyond some
340 thresholds, information becomes not only useless, that is, not included in the process, but also
341 harmful because it will overburden and confuse actors, as highlighted by Simon and Wenders, .

342 Sometimes, information overload has been applied within the behavioural paradigm in
343 ecological economics and environmental studies, which point out the importance of bounded
344 rationality (Van den Bergh et al., 2000; Venkatachalam, 2008) and study the role of knowledge
345 in pro-environmental decision-making processes (Gkargkavouzi et al., 2019; Dewulf, 2020).
346 Although various aspects of the relationship between information overload and pro-environmental
347 decisions are dealt with in the literature, these are not organised in a unified theoretical framework
348 and not fully investigated either empirically or experimentally. The conception of knowledge as
349 structured and organised information oriented to practical purposes and its relationship with
350 consciousness remains implicit in key notions of the Value-Beliefs-Norms theory (Stern and Dietz
351 1994, Stern 2000) and of the Theory of Planned Behaviour (Ajzen 1991, 2002) – the two main
352 theoretical frameworks through which pro-environmental behaviours are studied⁵. Specifically,
353 Ackoff's notion of "knowledge" (and not "information" or "understanding") seems suitable to a)
354 interpret the "awareness of consequences" grounding norm activation according to Value-Beliefs-
355 Norms theory and b) accounting for with the epistemic foundation of the "Perceived Behavioral
356 control".

357 At the same time, information overload has been studied in relation to several aspects of
358 consumers' decisions. The literature refers to information overload as a cause of value-attitude
359 gap (McKercher and Prideaux, 2011; Wells et al., 2011; Berthoû, 2013). Indeed, there is evidence
360 that subjects provided with more information feel less personally responsible for, and less
361 concerned about global warming than less informed ones (Kellstedt, Zharan, and Vedlitz, 2008).
362 Information overload may also negatively affect the attention capability of consumers, as is in the
363 case of ecolabels Thøgersen, J. (2000). The capability of elaborating information in proper

⁵ Specifically, Ackoff's notion of "knowledge" (and not "information" or "understanding") seems suitable to a) interpret the "awareness of consequences" grounding norm activation according to Value-Beliefs- Norms theory and b) accounting for with the epistemic foundation of the "Perceived Behavioral control" of the. Such applications are not discussed in the present work and left for further research.

364 knowledge plays a key role in the case of environmental issues whose complex nature makes
365 realising the connection of lifestyles and consumption patterns with, for example, climate change
366 difficult to realise (Anable, Lane, and Kelay, 2006). Bergstrom et al. (1990) link information
367 overload to the issue of the evaluation of environmental commodities (in terms of the impacts of
368 information on consumers' willingness to pay), by distinguishing an hypothesis of strong
369 information overload accounting for the "emergence of confused or dysfunctional consumer
370 behaviour caused by increased information" - and of weak information overload for which
371 "effects of information on preferences diminish at successively higher information levels (see also
372 Grether and Wilde 1983). Van der Werff and Steg (2015) discuss whether general campaigns
373 capable of activating norm-oriented energy-saving behaviour may be better suited to avoid
374 information overload than single-purpose policies targeting specific behaviours. On the same
375 line, Abrahamse et al. (2007) study which information framework is able to convey a reduction
376 in consumers' direct and indirect energy uses.

377 **5 Implications for environmental degradation**

378 5.1 The general argument

379 The insights offered by Simon, Wenders, and the information overload literature, prove useful for
380 going beyond the narrow mainstream view that attributes environmental degradation merely to its
381 nature of public bad and the consequent lack of appropriate individual incentives. The ability to
382 process stimuli (images/information) for developing knowledge is the necessary premise for
383 rational choice. By processing what we see, and what others tell (e.g., friends and media), we
384 build consistent pictures of our world and figure out possible outcomes of our choices. On the
385 contrary, if we do not see and/or are hit by excess information, we run the risk of not reflecting
386 enough on the distant (in space and in time) negative side-effects of action. This is particularly
387 relevant for the consequences on the environment, which are less visible and less immediate to
388 grasp. Hence, difficulties to see and information overload add a further myopic bias to the standard
389 individual's preference of the present over the future.

390 Another factor reducing our ability to see is the progressive artificialization of our daily life
391 starting after WWII. Since then, we are observing the progressive abandonment of rural areas,
392 where life is usually uncomfortable, but also slow paced, strongly driven by traditional knowledge
393 and practices, and very connected with nature, on which the very livelihood depends. This
394 dramatic change in the lifestyles of millions of people has been made possible by the exponential

395 increase in the use of fossil fuels that started long ago with the industrial revolution and took off
396 in the 1950s with the “Great Acceleration” (McNeill and Engelke, 2014). Unprecedented levels
397 of exosomatic energy made a progressive detachment of humans from nature possible, providing
398 comforts that were unconceivable even in the recent past (Georgescu Roegen, 1971). Because
399 energy is invisible, its role is difficult to be grasped; yet energy made the life of people in rich
400 countries independent from the natural environment, of which they do not have a daily-life
401 observation. People living in artificial environments, like cities, cannot easily see the systemic
402 interconnectedness between them and their environment. Indeed, many people love nature, enjoy
403 its recreational services, and watch beautiful videos on natural areas; however, their perception is
404 mainly indirect because nature (and the struggle for energy procurement) is not part of their daily
405 experience. As emphasised in the literature, they are alienated from nature (Schultz 2002). Several
406 authors have discussed the fact that people perceive themselves “as being separate and distinct
407 from the world around them” (Frantz et al, 2005: 428; see also Kidner, 2000; Kals et al. 1999;
408 Clayton, 2003). This feeling of separation occurs when “the individual no longer feels a sense of
409 ‘resonance’ or connectedness to the natural world” (Frantz et al, 2005).⁶ The best way to grasp
410 nature detachment is what Martinez Alier wrote, “most citizens of the rich urbanised world get
411 their provision from the shops. Hence the proverbial response of urban children to the question of
412 where does the milk or do the eggs come from – the supermarket” (Martinez Alier, 2002, 26).

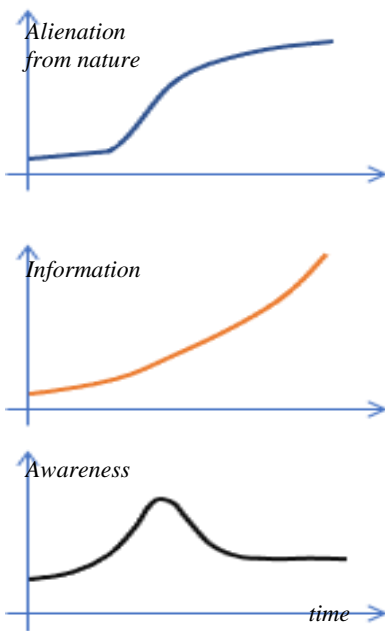
413 We can now draw the implications of considering information overload and nature
414 detachment driven by energy abundance. The huge increase in information we had implies an
415 inverted-U time pattern in “awareness”, which is increasingly reduced by the progressive
416 detachment from nature. When information is low and connection with nature high, more
417 information is highly beneficial; then, progressive detachedness from nature and
418 “artificialization” of our lives start to off-set the contribution of more information, which
419 eventually ends up being even detrimental to awareness because of its overload. Figure 1
420 graphically sketches the argument.

421 Very important caveats to our argument, however, must be emphasised. It does not abandon
422 the standard rational choice model, rather it simply adds something to it. The inverted U-shaped
423 curve describes only the effect of the new elements, their partial effect, while other relevant
424 factors, for instance psychological ones, might determine a different overall shape of the curve.
425 Moreover, our argument remains anchored to methodological individualism, that it, refers to the

⁶ Frantz and Mayer (2004) also developed the Connectedness to Nature Scale (CNS) - a scale that measures attitudes about environment protection. They argued that CNS measures the emotional connection to nature, while according to Perrin and Benassi (2009) it measures cognitive beliefs.

426 individual choice in isolation, while socio-psychological factors come into play scaling up the
427 picture at the macro level. Finally, the hypothesised inverted-U relation refers not to a general
428 concern for the environment but to the awareness of the side-effects of specific choices. Also, of
429 course, an individual might choose actions harming his/her environment despite being aware of
430 that, or, on the contrary, avoiding some actions without being specifically aware of their effect
431 but merely out of a general concern. Hence, to bring empirical macro evidence of the effects of
432 information overload on decision making is very tricky. In what follows of this section, we will
433 present some suggestions that might prove useful.

434



435

436 Figure 1. Hypothetical time pattern of awareness as the resultant of trends in information and detachment from
437 nature in daily life.

438

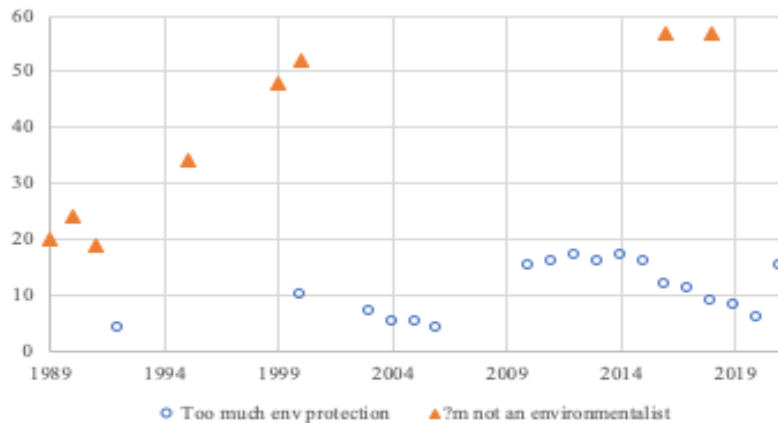
439 According to a well-known study by Riley Dunlap (1991), an outstanding sociologist who
440 contributed to the birth of environmental sociology, the rapid public concern⁷ in the US for
441 environmental quality that started in the 1960 reached then a peak in 1970 (first earth Day),
442 declined in the 1970s and increased again in the 1980s. The rise and decline were interpreted as
443 part of the natural life cycle of social problems (issue-attention cycle), while the rejuvenation
444 mainly as a reaction to Reagan's administration. Afterwards, environmental attitudes experienced
445 again ups and downs (see Clark and Carlisle, 2020). At the same time, such a variability is partially
446 caused by the several different measures that are used for describing a phenomenon that is, by its

⁷ Dunlap and Jones (2002, 484-5) define environmental concern as “the degree to which people are aware of problems regarding the environment and support efforts to solve them and/or indicate a willingness to contribute personally to their solution.”

447 very nature, multifaceted and not subject to easy generalisations (Daniels et al., 2012).

448 Often, the literature on the environmental attitude uses the polls on the Environment
449 conducted by Gallup, the famous American analytics and advisory company. Indeed, they are
450 very useful also to get an intuitive picture of the issue. When looking at the trends available for
451 longer, a relevant question is “Do you consider yourself an environmentalist, or not?”. To this
452 poll, about 75% of the sample answered yes at the beginning of the 1990s, shrinking to less than
453 50% after a decade and to 41% in 2021. The share of those who do not consider themselves as
454 environmentalists is shown by the series represented with triangles in Figure 2. The other series
455 (in circles) in the same figure shows the proportion of those who “think the U.S. government is
456 doing too much in terms of protecting the environment”, which sharply increased during Obama’s
457 presidency as compared with previous decades. Figure 3 shows the ratio of those who give priority
458 to economic growth over environmental protection, with values bigger than one meaning that
459 growth is given higher priority.⁸ While in the 1990s economic growth was considered 1/3 as
460 important as compared to environmental protection, in 2011 it reached a peak, becoming 50%
461 more important than the environment, and declined thereafter, but for 2021.

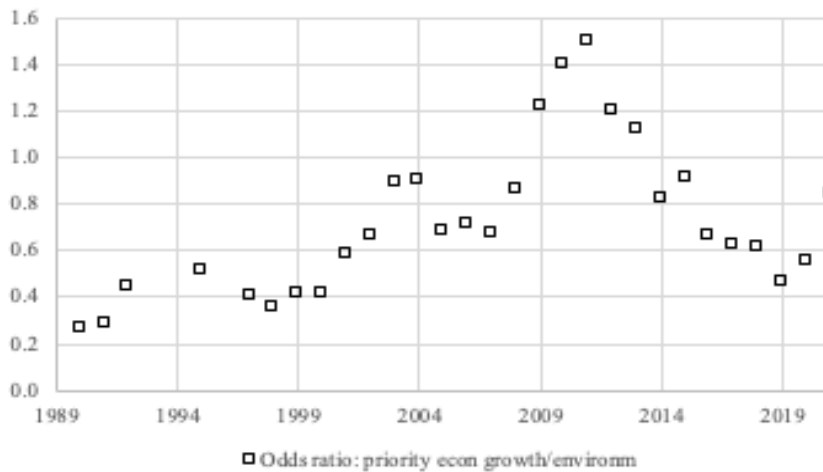
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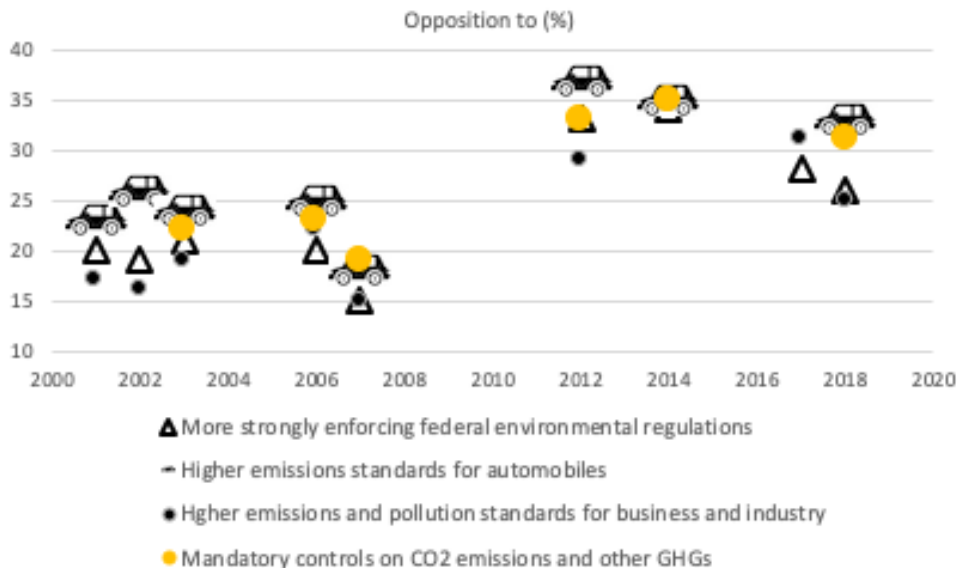
464 Figure 2. Trends of the shares of those who A) do not consider themselves as environmentalists (triangles) and
465 B) “think the U.S. government is doing too much in terms of protecting the environment” (circles), over the
466 period 1989-2021. Data: Gallup polls, <https://news.gallup.com/poll/1615/Environment.aspx>

⁸ The exact question is “With which one of these statements about the environment and the economy do you most agree -- protection of the environment should be given priority, even at the risk of curbing economic growth (or) economic growth should be given priority, even if the environment suffers to some extent?”



467
 468 Figure 3. Trends of the ratio of those who give priority to economic growth over environmental protection,
 469 values bigger than one mean that growth is given higher priority. Data: Gallup polls,
 470 <https://news.gallup.com/poll/1615/Environment.aspx>
 471

472 Finally, the opinions concerning the environmental policies in the US are also very suggestive.
 473 Figure 4 reports the opposition to four policy options, namely, stronger enforcement of federal
 474 environmental regulations, higher emissions and pollution standards for business and industry,
 475 mandatory controls on CO2 emissions and other GHGs, higher emissions standards for
 476 automobiles. As data shows the percentages of opposers to the listed options in the last decade are
 477 higher than those of the previous decade, with the strongest opposition being against tighter car
 478 emissions standards.



479
 480 Figure 4. Trends of the percentage of opponents to federal environmental regulations protection, emissions
 481 standards for cars, emissions and pollution standards for business and industry, mandatory controls on CO2
 482 emissions and other GHGs. Data: Gallup polls, <https://news.gallup.com/poll/1615/Environment.aspx>
 483

484 Of course, one can object that the USA are peculiar. However, also for Europe, whose
485 institutions are more environmentally concerned, several studies highlighted not only several ups
486 and downs (and marked regional differences) but also a decline in concern after the peak in the
487 late 1960s, and the one in the late 1980s, which was boosted by the discovery of the ozone layer
488 hole over Antarctica in 1985 and the nuclear accident in Chernobyl the year after. Only recently,
489 also because of the grassroots efforts of Greta Thunberg and the Fridays for Future movement,
490 with their mass media coverage, environmental concern gained momentum again (Kenny 2021).

491 Finally, it is worth highlighting that despite the concern for climate change has increased
492 everywhere, the literature highlights that, “the awareness of the contribution of various human
493 activities to the phenomenon, such as energy use, animal farming, food miles and waste, does not
494 appear to have risen much over time” (Baiardi and Morana, 2021). This is very consistent with
495 trends in actual behaviours. A rather stunning one is the impressive growth in the sales of SUVs
496 that the automotive market is experiencing, both in absolute and relative terms. In the USA the
497 continuous rise in SUVs since the 1980s made the share of produced sedan/wagon vehicles to
498 decline from a value well above 75% in the 1970s to about 30% in 2020 (Hula et al. 2021, p. 16).
499 Such trends are occurring globally, with a share of new registered SUVs going from 16.5% in
500 2010 to 45.9% in 2021 (IEA, 2021). The high environmental impact of those vehicles is well-
501 known also by non-experts, yet we observe such a strong preference for buying SUVs. Can this
502 be attributed only to over-exploitation of the public good “environment” by selfish individuals or
503 a kind of myopia is playing a role, too? Can difficulties in “seeing” explain the widely studied
504 attitude-action gap?

505 5.2 A mainstream formalisation

506 This sub-section shows how the core argument discussed above can be modelled even within the
507 standard consumer’s choice between leisure and consumption, as is taught to undergraduate
508 students. The purpose of such an exercise is illustrating that no reasons would impede mainstream
509 economics to abandon its narrow view about the causes of environmental degradation.

510 Following the standard approach, environmental degradation arises because pollution is a
511 public bad and externalities do not enter the individual choice problem. When considering the
512 choice between leisure time and consumption⁹ in the presence of negative externality, preferences

⁹ We are aware that in many economic models some variables are included without much attention to the units of measure, as in this case the aggregated bundle of consumption and pollution. Since the purpose of this subsection is to show a possible translation of our argument into mainstream language, we do not think important to discuss the issue here.

513 of a generic individual j can be represented by the following utility function¹⁰

514
$$U^j = f(C^j; L^j; P(C^j + C^{-j}))$$

515 where C is the bundle of consumption goods, L is leisure, and P is pollution.

516 However, since the side effect of pollution is not immediately observable by the individual and
517 difficult to assess, one can add a term standing for the degree of information accuracy about
518 pollution (which can be interpreted also as awareness) that the individual has in estimating the
519 negative effects that consumption provokes via pollution. By indicating accuracy/awareness with
520 $a(\cdot)$, the utility function becomes

521
$$U^j = g\left(C^j; L^j; a(\cdot)P(C^j + C^{-j})\right)$$

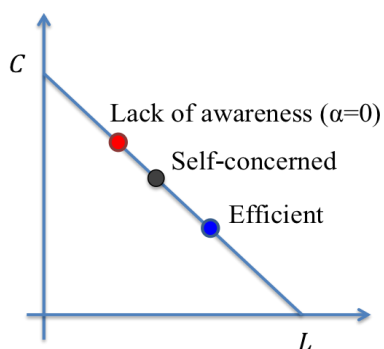
522 The individual allocates her/his time considering the opportunity cost of leisure time, that is, wage.
523 Normalizing the price of consumption to 1, and assuming that income comes only from labour (w
524 is the hourly wage rate), the standard budget constraint will hold, namely,

525
$$C^j = w(24 - L^j)$$

526 Because pollution affects utility, the self-concerned maximising consumption (given the
527 level of pollution generated by the others) will be lower than that in the absence of externalities,
528 but still higher than the efficient bundle, namely the one for which the Samuelson's conditions in
529 the presence of public goods hold (and negative externalities are considered by each individual).
530 Figure 1 traces the three bundles of goods along the budget line, while indifference curves are
531 omitted for a better visualisation. The highest bundle is the maximising one in the absence of
532 awareness, which formally coincides with the case of no externalities. The lower the parameter
533 $a(\cdot)$, the lower is leisure and higher are consumption and working time. The intermediate bundle
534 is the maximising bundle that considers externalities¹¹, while the lowest is the efficient bundle
535 (the Lindhal's solution for public goods), which, as well-known is inconsistent with individual
536 maximisation.

¹⁰ For the sake of simplicity only total consumption (and not leisure) is assumed to generate pollution, namely, the sum individual j 's and the other individuals' consumption.

¹¹ Consumption in the "self-concerned" bundle might be lower than in the "efficient" bundle only if the contribution to reduce pollution by the others is very low. This situation, however, cannot be a Nash equilibrium, which involves pollution higher than the Lindahl solution ("efficient" bundle).



537
538 Figure 5. Optimal choices under different hypothesis concerning individual awareness and others' behaviour,
539 showing that consumption decreases the higher the awareness, while efficiency cannot be reached as an equilibrium
540 solution.
541

542 Since the optimal (self-concerned) consumption is determined by the size of the parameter
543 $a()$, that is, by awareness/accuracy, it is interesting to also model its determinants. The discussion
544 so far suggests that both information, I , and available exosomatic energy, E , are relevant. As
545 emphasised by Wenders and Simon, and confirmed by the literature on information overload, the
546 relationship between degree of accuracy and information can be thought as inverted-U shaped.
547 Concerning the partial effect of exosomatic energy on availability generated by an artificialization
548 of daily-life, one can think of it as reducing $a()$, at least until a high level of detachment from
549 nature has been reached.

550 Hence, we can write accuracy/awareness as $a(I, E)$ ¹²

551 with $\frac{\partial a}{\partial E} < 0$; and $\frac{\partial a}{\partial I} > 0 \forall I < I^o, \frac{\partial a}{\partial I} = 0$ if $I = I^o, \frac{\partial a}{\partial I} < 0 \forall I > I^o; \frac{\partial^2 a}{\partial I^2} < 0$

552
553 Finally, also the process that converts information into knowledge might be modelled within
554 the traditional model. Since time is needed to generate knowledge from information¹³, the choice
555 between consumption and leisure time should also include the (leisure) time spent in processing
556 information¹⁴, L_K , while the “pure” leisure time can be indicated as L_L . In general, one can assume
557 that “knowledge” contributes to the individual utility by improving the awareness of the choice
558 consequences, as written in the following utility function,

559 $U^j = g(C^j; L_L^j; a(K(I; L_K), E) P(C^j + C^{-j}))$, subject to the following budget constraint,

560 $C^j = w(24 - L_L^j - L_K^j)$

¹² Only for illustrative purposes, consider the following simple specification:

$$a = \frac{I(1-I)}{\ln(1+E) + 1/4}, \text{ which reaches its maximum } (a=1) \text{ for } I=1/2 \text{ and } E=0.$$

¹³ The knowledge production function can be thought of as having decreasing marginal returns in time and be subject to information overload, for example, $K=I(1-I)L_K^b$, with $b<1$.

¹⁴ Of course, time is also needed for consumption, as in Steedman, 2001.

561 **6 Conclusion**

562 The purpose of this paper was to show that lack of time and attention offers important hints
563 for understanding environmental degradation. One of the departure tenets of Ecological
564 Economics is that the economy is embedded within society, taking materials from and returning
565 to the physical environment (e.g. Ropke 2004). As the German institutional economist KW Kapp
566 emphasised well before the birth of the discipline, in the beginning of 1970s (e.g. Luzzati 2009),
567 the implications of the open system nature of the economy are not easy to be fully grasped. One
568 of the reasons is that contributions from many different disciplines must be put together, which
569 implies attempting to reconcile very different perspectives and/or methodologies. At the same
570 time, surprisingly closeness often appears. This is the case for the emphasis that the polymath
571 Herbert Simon and the film director Wim Wenders put on the difficulties coming from
572 information overload, implying lack of attention that hampers reasoning.

573 In the first two sections of this paper, we showed that their close viewpoints complement
574 each other. Simon, who already attracted interests from ecological economists, is central to our
575 argument for his concept of procedural rationality. Differently from what is often believed, this
576 term captures much better than the fuzzy “bounded rationality” Simon’s idea that the decision
577 context is what suggest how to rationally behave (including using rules of thumbs), thereby
578 emphasising the importance of quality in decision making. In a very effective way Simon (1978a,
579 p. 13) expressed the importance of the decision context as follows:

580 “In a world where information is relatively scarce, and where problems for decision are few
581 and simple, information is almost always a positive good. In a world where attention is a
582 major scarce resource, information may be an expensive luxury, for it may turn our attention
583 from what is important to what is unimportant.”

584
585 The concern for information overload by the German film director was related to the
586 visual/perceptive issues in watching, which emerges not only from his movies but is made explicit
587 also in his writings that argue against crowded and quick scenes resulting in information overload
588 that the spectator is unable to process (e.g. Wenders 1986, 1991, and 1997). Unaffordable stimuli
589 lower the capacity of self-reflection and self-elaboration, implying lower autonomy in the capacity
590 of thinking and deciding, and the risk of manipulation. According to Wenders, for instance

591 “American television exploits and stimulates perceptive capacities to the full, thus
592 ending up subjugating them to the schemes of social convention and economic
593 convenience. In this context, “seeing” is no longer an active form of selection and
594 perception: in front of the TV screen there is no longer physical and psychological space
595 and time to develop one’s own interior image, one’s own position, one’s own point of
596 view.. [...] Under conditions of effort, pressure, constriction or even violence, the eyes
597 and the mind work poorly, sight is blurred, the conscience becomes manipulable. By

598 contrast, under conditions of relaxation and mobility one can see and think in a natural,
599 personal and clear fashion.” (Russo 1997, 51 and 62, our translation)

600
601 Wenders ideas are very useful to our argument because they stress the role of visual experiences
602 in self-reflection and understanding. As we briefly illustrated, the link between seeing and
603 thinking is deeply rooted in ancient Greek culture and philosophy and discussed by modern
604 philosophy too.

605 To sum up, the lesson drawn from juxtaposing Simon and Wenders is about the importance
606 of information overload in seeing, thinking, and hence decision making, but also about the need
607 to keep information and knowledge as separate notions. After showing that information overload
608 is not a mere intuition but has been subject of study by several disciplines, getting a (moderate)
609 interest also from environmental behavioural studies, we draw the overall implications for
610 environmental degradation. Our argument goes that in the current fast-paced life, people lack the
611 attention (and willingness) to reflect about their complex environment and particularly on the
612 distant (in time and space) side-effects of action. This is reinforced by another element which is
613 founding ecological economics, namely the role of exosomatic energy. Its abundance moved
614 masses of people to cities, alienating them from nature and the procurement of their subsistence;
615 for citizens, nature stopped to be a daily experiential object, hence they cannot see anymore -
616 Wenders would say.

617 The empirical prediction of our arguments is that awareness of the (un)sustainability of the
618 chosen actions follows an inverted-U trend in time. This prediction is only about the effect on a
619 rational decision maker when exposed to information overload, particularly if living detached
620 from the natural environment. Of course, other psychological factors, including emotional ones,
621 are in play at the individual level. Moreover, scaling up to a macro picture needs also social-
622 psychology and sociology, so that the overall trend of awareness need not to have an inverted U-
623 shape.

624 Nonetheless, reviewing the evidence on environmental concern shows the plausibility of the
625 importance of information overload and alienation from nature. With the caveat that awareness of
626 side-effects of specific actions is different from a general environmental concern, its rise at the
627 end of the 1960s and subsequent fall is consistent with our argument. Later, highly visible events
628 and their media-coverage, raised concern again, including the recent protest led by Greta
629 Thunberg. This too might be interpreted as coming from information overload. Daily-life is so
630 busy and information so abundant that we need ‘fast-food’ information, attracting our attention
631 and being simple at the same time. A self-reinforcing feedback loop seems to have started, where
632 the simplification we got used further reduced our capability of thinking and processing the

633 information inputs, which in turn gives rise to new demand for simplicity from the mass- and
634 social media. Many contemporary phenomena, such as fake-news or perhaps populisms, can be
635 attributed to this self-reinforcing process.

636 To sum up, we argued that the increasing availability of information, reinforced by the
637 artificiality of life in economically advanced countries, makes it difficult seeing, perceiving, and
638 correctly assessing consequences of choices and actions. This difficulty must be considered when
639 interpreting the current environmental degradation, which cannot be solely explained by unpaid
640 externalities. Under this perspective, our argument can pave the way to further theoretical and
641 empirical research on the role of information quality and knowledge processes in fostering pro-
642 environmental decisions.

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