

# Analysis of hygrothermal parameters in Finnish and Lithuanian multi-family buildings before and after energy retrofits

Virpi Leivo<sup>a\*</sup>, Mihkel Kiviste<sup>a</sup>, Anu Aaltonen<sup>a</sup>, Tadas Prasauskas<sup>b</sup>, Dainius Martuzevicius<sup>b</sup>, Ulla Haverinen-Shaughnessy<sup>c</sup>

<sup>a</sup>Tampere University of Technology, Civil Engineering, Tampere, Finland

<sup>b</sup>Kaunas University of Technology, Department of Environmental Technology, Kaunas, Lithuania

<sup>c</sup>National Institute for Health and Welfare, Department of Environmental Health, Kuopio, Finland

\*Corresponding author:

Virpi Leivo, Tampere University of Technology, Civil Engineering, P.O.Box 600, FIN-33101 Tampere, Finland, email. virpi.leivo@tut.fi

## Abstract

This study focuses on analyzing temperature and moisture related parameters based on data from 45 Finnish and 20 Lithuanian multi-family buildings. The data consist of two rounds of 2-month data-logging (1-hour interval) of indoor temperature and relative humidity at two locations: one representing average occupied zone and the other one nearby the coldest spot of the building envelope. Between the two rounds of data-logging, 37 buildings from Finland and 15 buildings from Lithuania underwent retrofits aiming to improve their energy efficiency. Measurement data were coupled with outdoor data from national weather stations, based on which a temperature factor ( $f_c$ ) and excess indoor moisture content ( $\Delta v$ ) were calculated. Based on the results,  $f_c$  was significantly increased in Lithuanian case buildings after the retrofits, whereas no significant differences were observed in Finnish buildings. In addition,  $\Delta v$  was significantly lower in Finnish case buildings after retrofits, whereas an opposite trend was seen in the Lithuanian buildings.

## Keywords

Temperature, relative humidity, surface temperature, temperature factor, indoor moisture excess

## Introduction

Several measured and calculated parameters are needed to analyze thermal and moisture behavior of building structures. The main measurements include indoor and outdoor

temperature (T) and relative humidity (RH) and indoor surface T. These measured parameters can be used to calculate other parameters, such as temperature factor and excess indoor moisture content ( $\Delta v$ ). The impacts of energy retrofits on hygrothermal conditions and indoor environmental quality (IEQ) have not been commonly taken into consideration.

High humidity can cause microbial growth and degradation of the building structures due to capillary condensation, or surface condensation if the surface temperature is below dew point (Csoknyai, 2001). According to standard EN ISO 13778 (EN ISO 13788:2012, 2012) there is a risk of mold growth when monthly average surface RH is above 80%. Therefore, decreasing humidity levels and/or increasing surface temperatures can help to prevent both capillary and surface condensation.

Surface T depends on both indoor and outdoor T, surface geometry, airflows, as well as thermal conductivity of each section of the envelope. There are some critical points in the envelope where surface temperatures are typically lower as compared to the other parts of the envelope. Thermal bridges refer to points where thermal conductivity of the envelope is higher due structures (such as timber or steel frames), joints, or degradation of materials, resulting in an overall reduction in thermal insulation. Surface temperatures are also usually lower around the corners of the envelope.

A temperature factor is defined as a difference between internal surface T and external T, divided by the difference between internal T and external T (Equation 1) (EN ISO 10211:2007, 2007) (EN ISO 13788:2012, 2012).

$$f_{Rsi} = \frac{T_{s,min} - T_o}{T_i - T_o} \quad (1)$$

where  $f_{Rsi}$  is temperature factor,  $T_{s,min}$  is minimum surface temperature,  $T_o$  is outdoor temperature ( $^{\circ}\text{C}$ ) and  $T_i$  is indoor temperature ( $^{\circ}\text{C}$ ).

Temperature factor has been used more regularly in evaluation of thermal performance and thermal bridges of building envelopes in some countries, such as Finland and UK. In UK the temperature factor and linear thermal transmittance are two key modelling outputs for building regulatory purposes (Ward, Craeme, & Sanders, 2016). These key outputs are used by designers to confirm the adequacy of particular junction details and to improve the thermal performance of junctions. Song and colleagues (Song, Lim, & Song, 2016) studied alternatives for reducing thermal bridges in metal panel curtain wall systems by using both heat loss and lowest indoor surface T obtained through heat transfer simulations. Their assumption was that the closer this value is to 1, the less likely will condensation occur (Song, Lim, & Song, 2016). Finnish Decree 545 (Ministry of Social Affairs and Health, 2015) defines action limits for temperature factor as percentages (i.e. temperature factor multiplied by 100%). These action limits are 81% for walls and 87% for floors.

Different activities generate moisture indoors. These include moisture generation from occupants due to respiratory process, bathing or showering, cooking, dish-washing, laundry, and drying (Zemitis, Borodinecs, & Frolova, 2016). On the other hand, indoor moisture can be removed by ventilation and dehumidification processes.

Maximum moisture content (MC) of air (without condensation) or saturated vapour density is depended on temperature according to an empirical formula (Equation 2) (Nevander & Elmarsson, 1994):

$$V_{sat} = \left[ 4.85 + 3.47 \times \frac{T}{10} + 0.945 \times \left(\frac{T}{10}\right)^2 + 0.158 \times \left(\frac{T}{10}\right)^3 + 0.0281 \times \left(\frac{T}{10}\right)^4 \right] \times 10^{-3} \quad (2)$$

where  $V_{sat}$  = saturated vapour density,  $\text{g/m}^3$ , and  $T$  = temperature,  $^{\circ}\text{C}$ . Relative humidity (RH, %) express relation between moisture content in air ( $V_{air}$ ) and saturated vapour density ( $V_{sat}$ ) (Equation 3):

$$RH = \frac{V_{air}}{V_{sat}} \times 100\% \quad (3)$$

where  $V_{sat}$  ( $\text{g/m}^3$ ) is calculated using Equation 2. After calculating moisture content ( $V_{air}$ ) (Equation 3) in both indoor and outdoor air, excess indoor MC (resulting from indoor moisture generation) can be calculated (Equation 4):

$$\Delta v = v_i - v_o \quad (4)$$

where  $\Delta v$  is excess indoor MC ( $\text{g/m}^3$ ),  $v_i$  indoor air water vapour content ( $\text{g/m}^3$ ) and  $v_o$  outdoor air water vapour content ( $\text{g/m}^3$ ). Also terms internal moisture excess or indoor/internal moisture supply are commonly used as synonyms for excess indoor MC.

It is generally considered that  $\Delta v$  is relatively constant during the colder part of the heating season ( $T_o < 0^{\circ}\text{C}$ ) and it decreases when the outdoor temperature increases (Geving & Holme, 2012). According to International Energy Agency Annex 24, the critical level for  $\Delta v$  is suggested as a safety margin (1.1) not be exceeded in more than 10% of the cases (corresponds to 90<sup>th</sup> percentile) when performing hygrothermal simulations. Several field studies have been performed to define typical  $\Delta v$ . Geving (Geving & Holme, 2012) measured 85 Norwegian dwellings (mainly detached and semi-detached houses) for one week during heating season and calculated  $\Delta v$  in living rooms, bedrooms and bathrooms. The 90<sup>th</sup> percentile values were  $3.2 \text{ g/m}^3$  and  $3.0 \text{ g/m}^3$  for weekly average outdoor temperatures below and above  $+5^{\circ}\text{C}$ , respectively. Kalamees et al. (Kalamees, 2006) concluded that the average  $\Delta v$  in living rooms during winter is between 2 and  $3 \text{ g/m}^3$ . They also performed full-year measurements in detached houses with low to medium occupancy (average  $42 \text{ m}^2/\text{person}$ ), and concluded that critical level for  $\Delta v$  is about  $4 \text{ g/m}^3$  during the cold period ( $T_{out} < +5^{\circ}\text{C}$ ) and about  $1.5 \text{ g/m}^3$  during the warm period ( $T_{out} \sim +15^{\circ}\text{C}$ ). The average values were  $1.8$  and  $0.5 \text{ g/m}^3$  for the cold and warm periods, respectively. Ilomets et al. (Ilomets, Kalamees, & Vinha, 2017) measured indoor hygrothermal loads in 237 dwelling units in Estonia and concluded that average  $\Delta v$  is  $2.8 \text{ g/m}^3$  during the cold period (outdoor  $T \leq 5^{\circ}\text{C}$ ) and that occupancy, cooking and type of ventilation (air change rate) impacts on  $\Delta v$ .

This study utilizes data collected from 45 Finnish and 20 Lithuanian multi-family buildings as a part of INSULAtE project. The purpose of the whole project was to assess impacts of energy retrofits on indoor environmental quality (IEQ) and occupant satisfaction with IEQ and health, and to develop a common methodology on assessment of these impacts both on the building and national levels. In our previous papers, we assessed impacts of energy retrofits on ventilation rates and indoor carbon dioxide ( $\text{CO}_2$ ) concentrations as well as air pressure differences across building envelope (Leivo, et al., 2017)) and indoor thermal environment (Leivo, et al., 2018). In this paper, we present further analyses focused on temperature and moisture related parameters.

## Materials and Methods

## Case study buildings

Selected buildings were volunteering multi-family buildings that were planned to be retrofitted during the project. Also some buildings, which were not retrofitted during the project, were included as controls. Majority of the selected buildings were built in 1960-1980 (Figure 1). An average of five apartments per building were targeted to participate in the measurements.

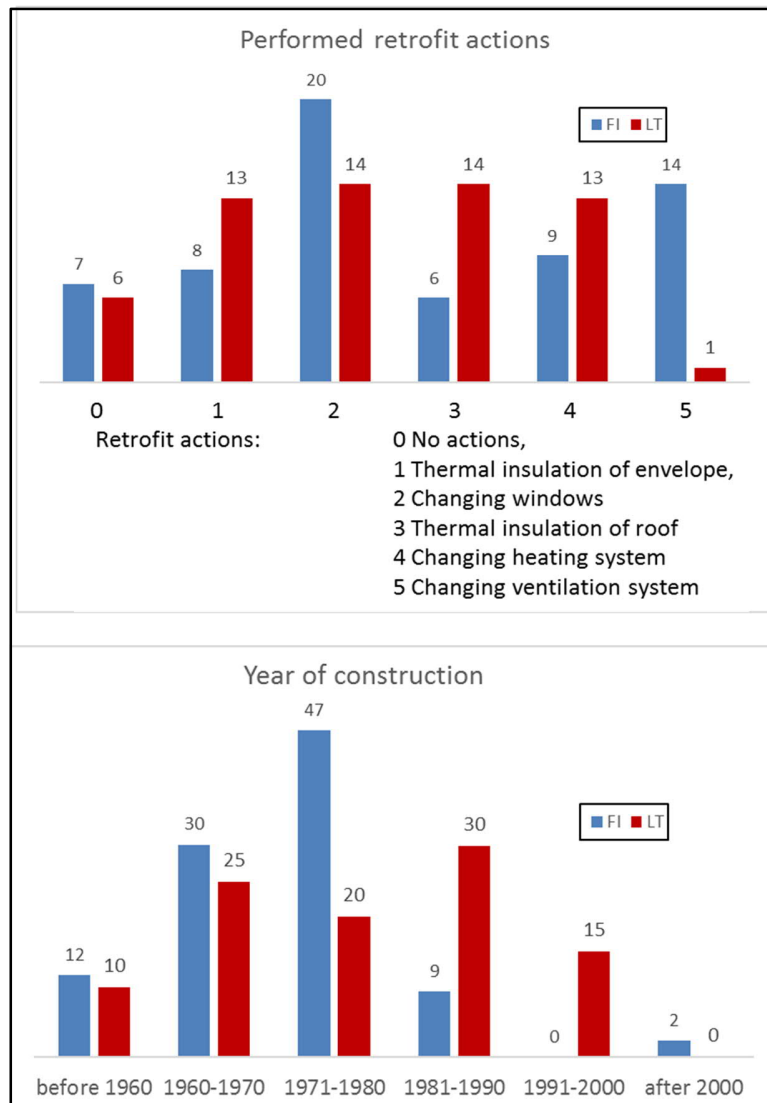


Figure 1. Year of construction and performed retrofit actions in Finland (FI) and Lithuania (LT).

The studied buildings in both countries are quite comparable in terms of construction type and common building materials. The external walls were commonly made of prefabricated concrete elements (with thermal insulation in between the panels) in both countries. It was also noticed that the average size of the apartments was almost the same in both countries, and the majority of the buildings were built in 1960-1980.

In Finland, the final sample included 45 multi-family buildings: 37 were retrofitted (CASE) and eight were not retrofitted (CONTROL) buildings. Majority of the measured buildings (about 92% of apartments) had a mechanical exhaust ventilation system, with or without heat recovery units. The ventilation systems are typically operated so that more efficient exhaust is turned on for two hours once or twice a day, in the morning (10 am to 2 pm) and in the afternoon (4 pm to 6 pm). Average floor area per person was 41.7 m<sup>2</sup> (range 17.7 m<sup>2</sup> - 113 m<sup>2</sup> per person). Majority of the apartments had glazed balconies. Typical U-values of the structures before retrofits were: outer walls U= 0.40 ... 0.28 W (m-2 K-1), roof 0.40 ... 0.36 W (m-2 K-1), floors 0.40 ... 0.29 W (m-2 K-1), and windows 2.1 W (m-2 K-1).

In Lithuania, the final sample consisted of 20 multi-family buildings, including 15 retrofitted (CASE) and five not-retrofitted buildings (CONTROL). Majority of the buildings had natural ventilation, which in 44% of the apartments had been improved with occupant-controlled fan driven exhaust in the kitchen and natural/mechanical exhaust in the bathroom. The average floor area per person was 23.9 m<sup>2</sup> before, and 22.3 m<sup>2</sup> after the retrofits (range 12 m<sup>2</sup> - 83 m<sup>2</sup> per person). Typical U-values before the retrofits were: outer walls U=1.27...0.88 (m-2 K-1), roof 0.85 (m-2 K-1), floors 0.71 (m-2 K-1).

In Finland, majority of the case buildings underwent focused energy retrofits (FER), where only one retrofit action was performed. Some 11% of the cases underwent deep energy retrofits (DER), involving several retrofit actions. Few of the case buildings had already completed some retrofit actions prior to the study. As shown in Figure 1, the most common retrofit action in Finland was replacing windows (new U-value 1.0 W (m-2 K-1)) and/or installing heat recovery to the existing exhaust ventilation system, which then became mechanical ventilation with heat recovery (MVHR). In Lithuania, about 87% of cases underwent deep energy retrofits, most commonly involving adding thermal insulation to the wall (new U-value 0.20 W (m-2 K-1)) and roof (new U-value 0.16 W (m-2 K-1)), replacing windows (new U-value 1.4 W (m-2 K-1)) and glazing of balconies, but did not typically include changes in the ventilation systems.

## Measurement methods

Selection of the measurement methods were limited to non-destructive and cost-effective methods, which were accurate enough to detect meaningful differences between pre and post retrofit conditions.

Temperature (T) and relative humidity (RH) was continuously monitored with data loggers (model DT-172, T range -40 - +70 °C, accuracy ± 1 °C; RH range 3 - 100%, accuracy ± 3%) for two months during the heating season, with 1-hour measurement interval. In each apartment, one data logger was placed nearby the coldest spot (usually on the floor by the balcony door), i.e. place where coldest inner surface temperature was detected by thermographic camera (ThermaCAM B2, FLIR Systems AB, measurement range -15...+45 C, accuracy +2°C or 2%) or IR-thermometer (Testo 830 T1 infrared temperature meter with 1-point laser, range -30...+400 °C, accuracy 0.5 °C), presented as T<sub>c</sub> and RH<sub>c</sub>. Temperature nearby the coldest spot of the building envelope better reflects risk of condensation or microbial growth. Another logger was placed in the occupied zone, e.g., middle of the living room (height of 1.2-1.5 m above ground, i.e. human breathing

zone as seated), presented as  $T_w$  and  $RH_w$ . All units used in the study were new and recently calibrated by the manufacturer. The measurements loggers were placed in the same spot both before and after retrofits in each apartment. Therefore, the values are comparable on the apartment and building levels.

Outdoor T and RH data during the measurement period were obtained from local weather monitoring stations, i.e. several regions (Tampere, Hämeenlinna, Lappeenranta, Helsinki, Porvoo, Kuopio) in Finland (by Finnish Meteorological Institute under the Ministry of Transport and Communications) and Kaunas region in Lithuania (by Lithuanian Hydrometeorological Service under the Ministry of Environment).

Based on both indoor air and outdoor data, temperature factors were calculated using Eq. 1 and  $\Delta v$  using Eq. 2-4. The temperature factor was used because it takes into account outdoor temperature, and therefore allows for better comparison between pre and post retrofit values. Due to the measurement technique used (i.e. using data loggers rather than surface temperature measurements), the calculated temperature factor is not strictly corresponding to  $f_{Rsi}$  as defined in Eq. 1, and is therefore referred to as  $f_c$ .

In addition to the descriptive analysis, the associations between retrofitting and both  $f_c$  and  $\Delta v$  were studied using linear mixed modelling (LMM). First, a null model was studied, which included only the outcome variables without any predictors, order to examine the variance between country, building and apartment levels, and to calculate the intra class correlation (ICC) (i.e. proportion of the total variance accounted for by the clustering). Secondly, the selected independent variables were included in the models. Retrofit status was based on case/control and before/after retrofits (pre/post) variables, so that the reference group was case buildings at first measurement (pre-retrofit), and the other groups included case buildings at second (post-retrofit) measurement as well as control buildings at first and second measurements. In addition, the fixed effects included country (Finland/Lithuania), as well as ventilation rate and number of occupants for  $\Delta v$ . (Results related to ventilation rates are reported by Leivo et al. 2017). The estimation was based on the Restricted Maximum Likelihood (REML) method and the Expected Maximum (EM) algorithm. The building and apartment codes were used as subject variables, and the covariance type was identity (covariance structure for a random effect with only one level). Only main effects were studied, while the factorial design with interaction effects were not used. In addition to studying models among the whole population sample, the models were also run for both Finnish and Lithuanian buildings separately. Finally, the effects of level of retrofitting (deep / focused) were studied among the case buildings.

## Results and discussion

### Temperature factors

Calculated temperature factors in DER, FER and CONTROL buildings are presented in Table 1. Based on the results,  $f_c$  appear to be somewhat higher in the Lithuanian buildings, which is surprising given that previously used building codes in Finland have had higher requirements for insulation than what has been used in Lithuania. One possible explanation could be related to the placement of data loggers.

Table 1. Temperature factors  $f_c$  in Finnish and Lithuanian apartments.

Finland	DER		FER		Control	
	1st	2nd	1st	2nd	1st	2nd
N	23	17	147	91	30	13
Average	0.85	0.88	0.89	0.88	0.90	0.90
SD	0.05	0.08	0.06	0.08	0.05	0.06
Median	0.85	0.85	0.90	0.89	0.90	0.90
25th	0.81	0.82	0.85	0.84	0.87	0.84
75th	0.88	0.91	0.93	0.94	0.93	0.94
5th	0.78	0.79	0.77	0.73	0.81	0.81
95th	0.94	1.02	0.97	1.00	0.97	0.97
Lithuania	DER		FER		Control	
	1st	2nd	1st	2nd	1st	2nd
N	57	50	9	5	23	8
Average	0.92	0.94	0.85	0.83	0.93	0.88
SD	0.07	0.05	0.11	0.20	0.07	0.11
Median	0.94	0.94	0.88	0.92	0.95	0.89
25th	0.89	0.92	0.74	0.75	0.90	0.82
75th	0.98	0.98	0.95	0.97	0.97	0.97
5th	0.82	0.86	0.69	0.56	0.85	0.72
95th	1.00	1.00	0.96	0.98	0.99	0.99

Table 2 presents LMM model for  $f_c$ , expressed as %. Based on the model estimates, estimated mean  $f_c$  was 3.5% lower in Finnish apartments as compared to Lithuanian apartments. In the country specific analyses,  $f_c$  was significantly higher (2.3 %) in Lithuanian case buildings after the retrofits, whereas significant differences were not observed in the Finnish buildings. Based on the results, temperatures near cold surfaces were increased in Lithuanian buildings, as would be expected after adding thermal

insulation on the building envelope. Only a few Finnish buildings added insulation, which is consistent with the findings.

The calculated  $f_c$  seems to be a useful indicator in assessments of effects of energy retrofits. Its applicability is best in apartment and building level where loggers are placed in exactly same location before and after retrofits. Based on this study, comparability between countries may not be as good; placement of the loggers may require additional testing and instructions for consistency among field investigators. Long measurement period, one to two months in heating season improves reliability of the results.

## Excess indoor moisture content

Results related to excess indoor moisture content are presented in Table 3. Based on the results, average  $\Delta v$  values are higher in Lithuanian buildings, which could be related to differences in occupancy and ventilation characteristics.

Table 3. Excess indoor moisture contents  $\Delta v$  in Finnish and Lithuanian apartments.

Finland	DER		FER		Control	
	1st	2nd	1st	2nd	1st	2nd
N	23	23	147	101	30	21
Average	0.83	0.68	1.34	1.19	1.26	0.94
SD	0.87	0.88	1.26	1.05	0.76	0.66
Median	0.63	0.50	0.98	0.98	1.07	0.78
25th	0.04	-0.05	0.42	0.50	0.72	0.53
75th	1.25	0.92	1.89	1.73	1.51	1.10
5th	-0.18	-0.33	-0.16	-0.23	0.34	0.11
90th	1.89	1.79	3.17	2.24	2.48	1.99
95th	2.22	2.55	3.82	3.05	2.49	2.33
Lithuania	DER		FER		Control	
	1st	2nd	1st	2nd	1st	2nd
N	57	50	9	5	23	8
Average	3.47	4.16	3.50	3.53	3.45	2.68
SD	1.61	1.76	0.91	1.26	1.09	1.40



Median	3.27	3.93	3.50	3.76	3.59	2.59
25th	2.58	2.72	3.27	2.89	2.64	1.98
75th	4.76	5.22	4.21	4.36	4.06	3.44
5th	0.78	1.90	2.15	1.97	1.91	0.81
90th	5.63	7.27	4.36	4.70	4.96	4.52
95th	5.91	7.38	4.61	4.82	5.02	4.53

Figure 2 shows the calculated 10% critical  $\Delta v$  (i.e. 90<sup>th</sup> percentile values), divided by types of ventilation and retrofit action. The critical  $\Delta v$  was 3.0 and 2.1 g/m<sup>3</sup> before and after retrofits in apartments with mechanical exhaust ventilation in Finland. The critical  $\Delta v$  was 2.1 and 2.7 g/m<sup>3</sup> before and after retrofits in apartments with natural ventilation, respectively. In the control buildings, the critical  $\Delta v$  was 2.5 and 2.3 g/m<sup>3</sup> in the first and second measurement, respectively. In Lithuania, the critical  $\Delta v$  was 5.6 and 6.6 g/m<sup>3</sup> before and after the retrofits in apartments with mixed ventilation, while it was 5.5 and 7.3 g/m<sup>3</sup> before and after the retrofits in apartments with natural ventilation. In the control buildings, the critical  $\Delta v$  was 5.0 in the first and 4.5 g/m<sup>3</sup> in the second measurement in buildings with natural ventilation, and 4.1 and 2.9 g/m<sup>3</sup> in buildings with mixed ventilation, respectively.

These results indicate that different critical levels for  $\Delta v$  may be needed for hygrothermal simulations, depending on location of the buildings, type of ventilation, and retrofit status.

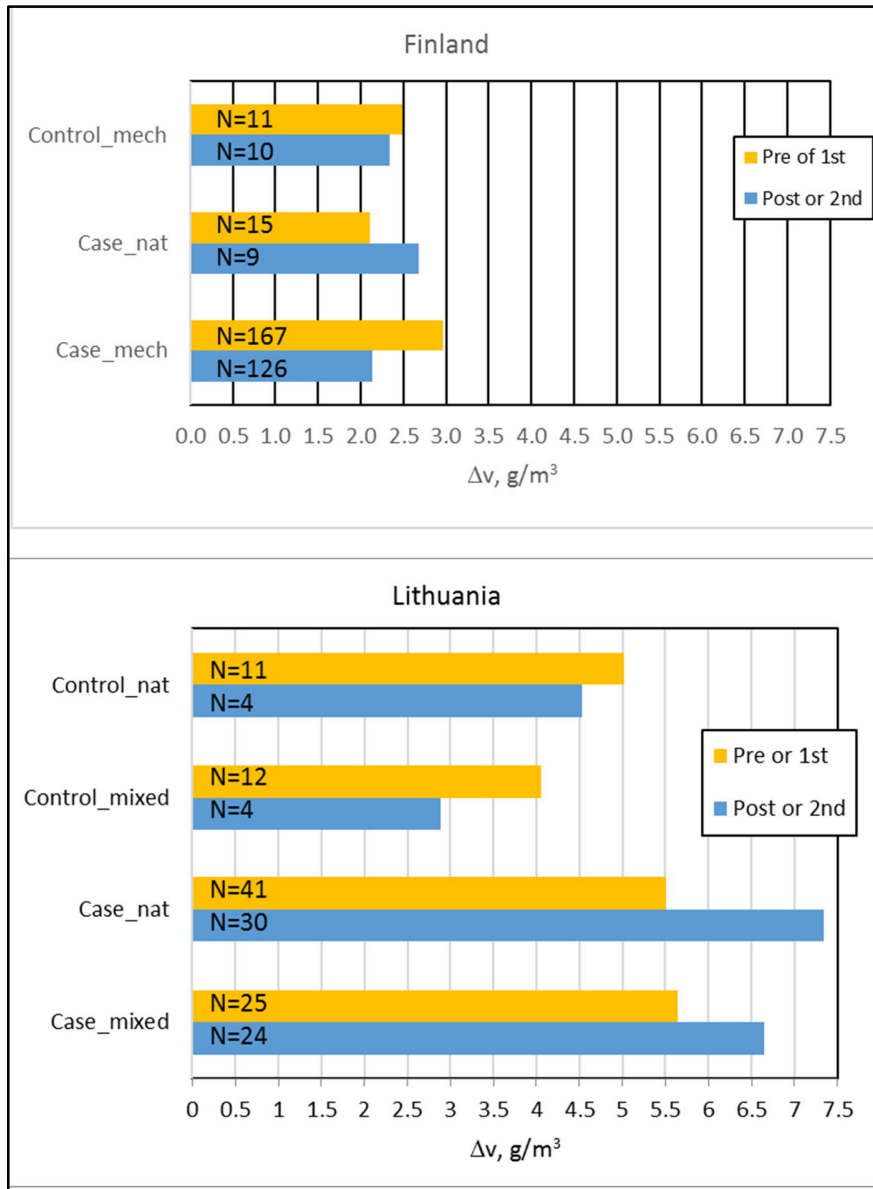


Figure 2. Calculated critical  $\Delta v$  in Finnish and Lithuanian apartments.

Figure 3 presents  $\Delta v$  corresponding to various outdoor temperatures. The two internal humidity classes: 2 (offices, dwellings with normal occupancy and ventilation) and 3 (buildings with unknown occupancy), determined on standard EN ISO 13778 (EN ISO 13788:2012, 2012), are shown for comparison. As seen in the plots,  $\Delta v$  values were usually below class 2 humidity values in Finnish apartments, while there were more variation in Lithuanian apartments.

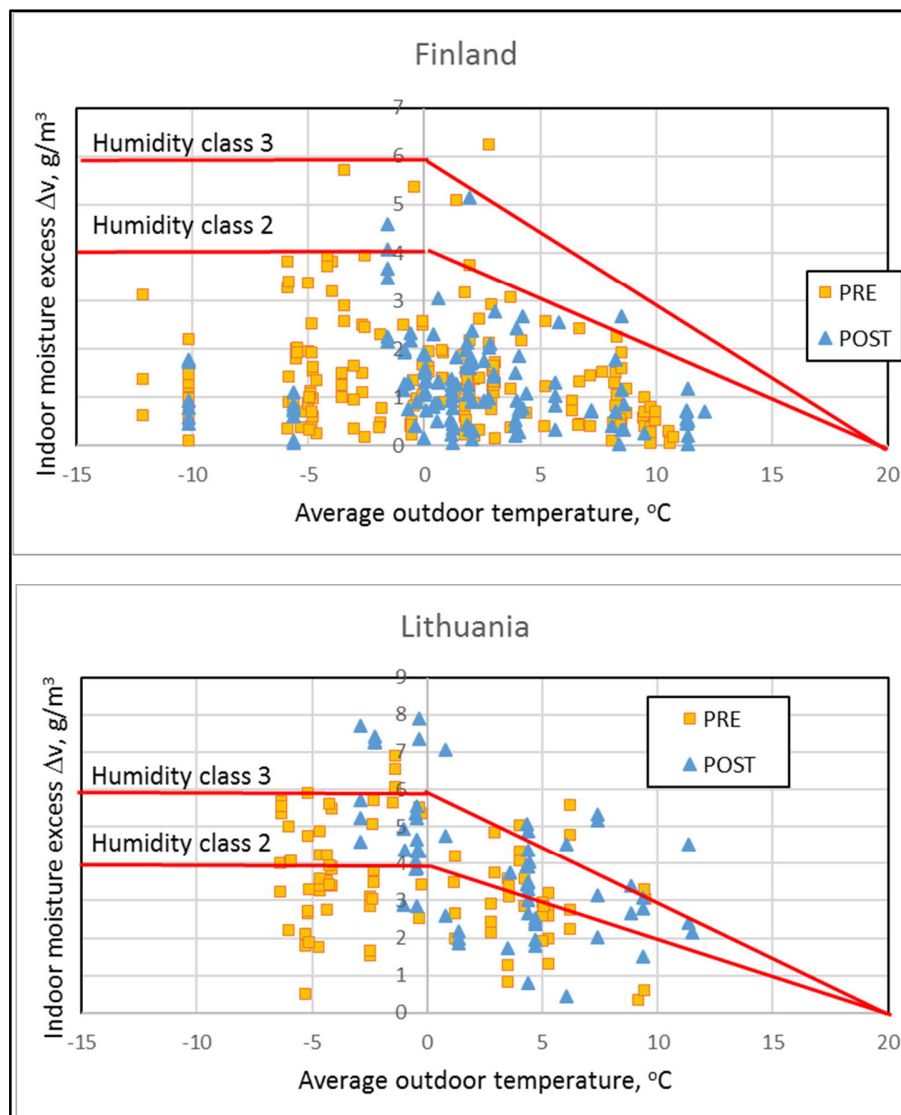


Figure 3. Indoor  $\Delta v$  corresponding to various outdoor temperatures.

Based on LMM, significant associations were observed between  $\Delta v$  and both ventilation rate and number of occupants. However, estimated mean  $\Delta v$  is significantly lower in Finnish buildings even after the type of ventilation and number of occupants are included in the models (Table 4). In Finnish buildings, there were differences between case and control buildings, however, no differences were observed in the retrofitted buildings. In Lithuanian buildings,  $\Delta v$  was significantly higher in the case buildings after the retrofits, whereas it was lower in the control buildings based on the second measurement. It appears that internal moisture loads may increase after energy retrofits in some buildings (e.g. deeply retrofitted building relying on natural ventilation).

### Effect of level of retrofit on $f_c$ and $\Delta v$

Further analyses were conducted among the case (retrofitted) buildings in order to evaluate the effect of level of retrofit on  $f_c$  and  $\Delta v$ . These analyses are restricted due to small number of buildings undergoing deep energy retrofits (DER) in Finland, and focused energy retrofits (FER) in Lithuania.

With respect to  $f_c$ , there were some differences between FER and DER buildings at the baseline, in Finland  $f_c$  was 3.2 % lower in DER buildings whereas in Lithuania, it was 6.9 % higher (Table 5). After the retrofits, the difference between Finnish DER and FER buildings was diminished, whereas in Lithuania,  $f_c$  in DER buildings was further increased. These results support the findings that the level of retrofit (which could be attributed to insulation activities), is likely to impact temperature factors (corresponding to increased surface temperatures in DER buildings). Thermal factor is therefore a potential indicator for future assessments related to effects of improved energy efficiency on IEQ and thermal comfort.

With respect to  $\Delta v$ , once again, there was a significant difference between FER and DER buildings at the baseline (Table 6). Among Finnish buildings,  $\Delta v$  was 0.51 g/m<sup>3</sup> smaller in DER buildings, and after retrofits the difference was further increased. In Lithuania, an increased  $\Delta v$  was seen in DER buildings after the retrofits, although the difference was not statistically significant. These results indicate that the level of retrofit could result in changes in internal moisture loads, the effects of which could be not completely explained by differences in ventilation rates and occupancy. Also  $\Delta v$  appears to be a useful indicator to be included in the future assessments.

It should be noted that occupant behavior has significant impacts on building energy performance as well as indoor thermal conditions and IEQ. A comprehensive literature review of current state of occupant behavior research was presented by Hong et al. (Hong, Yan, D'Oca, & Chen, 2017). Energy related occupant behavior, also reviewed by Hong et al. (Hong, Taylor-Lange, D'Oca, & Corgnati, 2016) includes adjusting indoor temperature, opening/closing windows, dimming/switching lights, pulling up/down blinds, turning on/off HVAC systems and movement between spaces, affects also on IEQ. With respect to our study, occupants' satisfaction with IEQ and health as well as changes in their behavior (such as window opening) before and after retrofits will be reported elsewhere (Haverinen-Shaughnessy, submitted paper 2017).

## Conclusions

The estimated mean temperature factor was significantly higher in Lithuanian case buildings after retrofits as compared to the situation before the retrofits, whereas there were no significant differences in Finnish case buildings. The results also indicated that the level of retrofit could result in changes in internal moisture loads, the effects of which could be not completely explained by differences in ventilation rates and occupancy. Both temperature factor and excess indoor moisture content are useful indicators to be included in the future assessments of effects of energy retrofits on indoor environmental quality.

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Table 2. Linear mixed model for  $f_c$ .

Parameter	All			Sig.	Finland			Sig.	Lithuania			Sig.
	Estimate	95% CI			Estimate	95% CI			Estimate	95% CI		
		Lower	Upper			Lower	Upper			Lower	Upper	
Intercept	91.59	90.01	93.16	***	87.92	86.80	89.04	***	91.14	89.21	93.07	***
Country												
Finland	-3.48	-5.60	-2.08	***								
Lithuania	0 <sup>a</sup>	.	.									
Retrofit status												
Control; 2nd measurement	-.21	-3.25	2.84		1.22	-2.62	5.06		-2.32	-7.58	2.94	
Case; 2nd measurement	.86	-.16	1.89	†	.17	-.98	1.32		2.33	.27	4.39	*
Control; 1st measurement	1.45	-1.09	3.98		1.65	-1.96	5.25		1.64	-2.09	5.36	
Case; 1st measurement	0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.	

<sup>a</sup>This parameter is set to zero because it is redundant. \*p<0.05 \*\*p<0.01 \*\*\*p<0.001 †p<0.1

Table 4. Linear mixed model for  $\Delta v$ .

Parameter	All			Sig. ***	Finland			Sig.	Lithuania			
	Estimate	95% CI			Estimate	95% CI			Estimate	95% CI		Sig.
		Lower	Upper			Lower	Upper			Lower	Upper	
Intercept	2.56	2.08	3.05		0.76	.38	1.14	***	2.25	1.37	3.14	***
Country												
Finland	-1.98	-2.31	-1.65									
Lithuania	0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.	
Retrofit status												
Control; 2nd measurement	-.48	-.99	.04	†	.32	-.22	.87		-.98	-1.93	-.03	*
Case; 2nd measurement	.15	-.01	.31	†	-.08	-.23	.07		.65	.30	.99	***
Control; 1st measurement	-.15	-.57	.27		.60	.08	1.11	*	-.39	-1.09	.30	
Case; 1st measurement	0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.	



Ventilation rate	-0.01	-0.03	-0.00	*	-0.018	-0.03	-0.01	**	.00	-0.04	.05	
Number of occupants	.49	.32	.65	***	.42	.23	.60	***	.52	.25	.80	***

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<sup>a</sup> This parameter is set to zero because it is redundant. \*p<0.05 \*\*p<0.01 \*\*\*p<0.001 †p<0.1

Table 5. Linear mixed model for  $f_c$  among retrofitted buildings.

Parameter	All			Sig.	Finland			Sig.	Lithuania			Sig.
	Estimate	95% CI			Estimate	95% CI			Estimate	95% CI		
		Lower	Upper			Lower	Upper			Lower	Upper	
Intercept	91.76	88.99	94.53	***	88.45	87.22	89.68	***	85.19	80.35	90.04	***
Country												
Finland	-3.77	-6.43	-1.11	**								
Lithuania	0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.	
Retrofit status												
DER; 2nd measurement	1.84	-.94	4.61		-.62	-4.20	2.96		9.11	3.85	14.38	**
FER; 2nd measurement	-.15	-1.48	1.18		-.29	-1.56	.97		.54	-6.16	7.24	
DER; 1st measurement	-.66	-3.33	2.00		-3.62	-6.81	-.44	*	6.91	1.67	12.15	**
FER; 1st measurement	0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.	

<sup>a</sup>This parameter is set to zero because it is redundant. \* $p < 0.05$  \*\* $p < 0.01$  \*\*\* $p < 0.001$  † $p < 0.1$

Table 6. Linear mixed model for  $\Delta v$  among retrofitted buildings.

Parameter	All			Sig.	Finland			Sig.	Lithuania			Sig.
	Estimate	95% CI			Estimate	95% CI			Estimate	95% CI		
		Lower	Upper			Lower	Upper			Lower	Upper	
Intercept	2.96	2.29	3.62	***	1.01	.60	1.42	***	2.14	.80	3.47	**
Country												
Finland	2.26	-2.73	-1.80	***								
Lithuania	0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.		0 <sup>a</sup>	.	.	
Retrofit status												
DER; 2nd measurement	.06	-.38	.50		-.77	-1.21	-.34	**	.76	-.31	1.83	
FER; 2nd measurement	-.05	-.25	.14		-.04	-.20	.12		-.17	-1.48	1.14	
DER; 1st measurement	-.40	-.83	.03	†	-.51	-.90	-.13	**	.05	-1.02	1.12	
FER; 1st measurement	0	.	.		0	.	.		0	.	.	

Ventilation rate	-0.02	-0.03	-0.00	*	-0.02	-0.04	-0.01	***	.01	-0.04	.06	
Number of occupants	.48	.30	.65	***	.36	.17	.56	***	.54	.22	.86	**

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<sup>a</sup>This parameter is set to zero because it is redundant. \*p<0.05 \*\*p<0.01 \*\*\*p<0.001 †p<0.1