

1 **Remediation of sedimented fiber originating from pulp and paper**
2 **industry: laboratory scale anaerobic reactor studies and ideas of**
3 **scaling up**

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15 **Abstract**

16 Anaerobic treatment of sedimented fibers collected from bottom of a bay that had been
17 receiving pulp and paper mill wastewater for about 70 years were studied for the first
18 time in semi-continuously fed continuously stirred tank reactors (CSTR). Anaerobic
19 treatment of the fiber sediment was shown to be feasible, without dilution and with
20 nitrogen and buffer supplement, at organic loading rates (OLR) up to 2.5 kg VS/m³d
21 and hydraulic retention times (HRT) of 60 d resulting in methane yields of 201 ± 18 L
22 CH₄/kg VS. Co-digestion of sedimented fiber with sewage sludge at an OLR of 1.5 kg
23 VS/m³d and HRT of 20 d resulted in a methane production of 246 ± 10 L CH₄/kg VS.
24 The techno-economic feasibility of mono and co-digestion process together with
25 several case dependent factors such as maximum operable OLR, digestate utilization
26 needs to be evaluated before making further conclusions for larger scale remediation
27 applications.

28 **Keywords:** Anaerobic digestion, co-digestion, CSTR, methane, pulp and paper
29 industry, sedimented fiber

30 **1. Introduction**

31 Wood utilizing pulp and paper industries have been an important part of the economy
32 in many countries. These industries have been one of the prime consumers of fresh
33 water and at the same time, they list among the top producers of both solid and liquid
34 waste (Ashrafi et al., 2015). Due to the necessity of huge volumes of water for the
35 industry, often they are located near water bodies. Discharge of pulp and paper mill
36 wastewater to the lakes and seas before the implementation of wastewater treatment
37 processes, resulted in discharge and accumulation of solids in the sediments of the water
38 bodies. These solids in general consist of wood fibers (cellulose, hemicellulose and

39 lignin), papermaking fillers like kaolin and calcium carbonate, pitch, lignin by-
40 products, ash, heavy metals, organochlorine compounds, and resin acids (Hoffman et
41 al., 2017; Kähkönen et al., 1998; Leppänen and Oikari, 1999). Today, such fiber-rich
42 sediments originating from past activities of pulp and paper industry can be found in
43 various locations worldwide, including Nordic countries, Canada and China (Guo et
44 al., 2016; Jackson, 2016). For example, the bay area near an old pulp mill at
45 Hiedanranta, in the city of Tampere in Finland received effluents from a sulfite pulp
46 mill from 1910s to 1980s and has recently been estimated to have about 1.5 million m³
47 of sedimented fiber that forms a layer up to 10 m height (Kokko et al., 2018).
48 Sedimented fibers can create serious environmental impacts such as oxygen depletion,
49 release of detrimental compounds from the sediment, heavy metal accumulation and
50 toxicity towards aquatic organisms (Guo et al., 2016; Hoffman et al., 2017; Kähkönen
51 et al., 1998; Leppänen and Oikari, 1999).

52 Though there have been a few studies to characterize sediments accumulated over time
53 in the water bodies discharged from pulp and paper industries (Guo et al., 2016;
54 Hoffman et al., 2017; Kähkönen et al., 1998), very few studies exist that deals with
55 remediation of these sediments (Kokko et al., 2018). Sediments contaminated by long-
56 term industrial activities often require costly remediation, dredging, and/or disposal
57 (Hoffman et al., 2017). The contaminated sediments in Hiedanranta, Tampere will be
58 remediated with the goal of returning the contaminated water bodies to their pre-
59 industrialization state so that the lake can be used for recreational purpose and at the
60 same time the land area surrounding the bay can be put to residential use.

61 Anaerobic digestion (AD) is traditionally used to stabilize different types of municipal
62 sewage sludge with simultaneous production of methane. There are several published

63 laboratory studies, using batch assays and/or semi continuously fed reactors, on AD of
64 primary and secondary sludge generated in activated sludge treatment plants of pulp
65 and paper industries (Bayr and Rintala, 2012; Karlsson et al., 2011; Meyer and
66 Edwards, 2014; Sawatdeenarunat et al., 2015; Veluchamy and Kalamdhad, 2017a).
67 Several studies have also focused on biogas production from pretreated pulp and paper
68 sludge (Lin et al., 2017, 2009; Veluchamy and Kalamdhad, 2017b) and on co-digestion
69 with other substrates (Lin et al., 2013, 2011). Previous experimental studies indicate
70 that the AD of biosludge from pulp and paper mills, without any pretreatment, varies
71 widely, with volatile solids (VS) degradation rates of 21–55% and specific methane
72 yields ranging between 40 and 200 mL g⁻¹ VS (values are per added VS unless
73 otherwise stated) (Karlsson et al., 2011; Meyer and Edwards, 2014; Veluchamy and
74 Kalamdhad, 2017a). In batch experiments, methane potentials of 210 L CH₄/kg VS
75 were reported for primary pulp and paper industry sludge (Bayr and Rintala, 2012).
76 While primary sludge from pulp and paper mill consists of wood fibers (cellulose,
77 hemicellulose and lignin), papermaking fillers like kaolin and calcium carbonate, pitch,
78 lignin by-products and ash, secondary sludge would majorly consist of microbial
79 biomass. Thus, the sedimented fiber is expected to be more comparable to primary
80 sludge, however the impacts of long term exposure to conditions prevailing in boreal
81 sediments on fiber characteristics are not known. The only published AD study on the
82 fiber sediments reported average methane yields of 250 L CH₄/kg VS in batch
83 experiments (Kokko et al., 2018), which is in the same range or even higher than
84 methane production from primary or secondary paper mill sludge. The study of Kokko
85 et al. (2018) also showed high methane yields for the solid fiber fraction (270 L CH₄/kg
86 VS) as well as reasonably high methane yield for the liquid fraction of the fibers (240
87 L CH₄/kg chemical oxygen demand (COD)).

88 Due to the high methane potential of the sedimented pulp mill fibers (Kokko et al.,
89 2018), its stabilization and methane production using AD appears interesting.
90 Considering the complex nature and the huge volume of sedimented fibers to be treated,
91 research effort is needed to evaluate the feasibility of anaerobic treatment of sedimented
92 fibers in reactors, required capacity of the reactors and time for remediation. The
93 optimization of the treatment rate of sedimented fibers can be achieved through a
94 decrease in the hydraulic retention time (HRT) and increase of the organic loading rate
95 (OLR) (Nges and Liu, 2010). However, increasing OLR can lead to a process
96 imbalance, accumulation of acids and a decrease in methane production, if the retention
97 times are not sufficient for microbial growth (Regueiro et al., 2015). With laboratory-
98 scale experiments, the optimization of the digesters at full scale can be studied, without
99 jeopardizing the actual full-scale process and plant economics.

100 For remediation of the sedimented fibers, within a limited time span, existing AD
101 capacity, which is currently being used for digestion of sewage sludge, would reduce
102 the investment costs for building new digesters as was used initially in early 1990s for
103 AD of municipal biowaste. As the sedimented fibers in Hiedanranta (Tampere, Finland)
104 were found to contain low concentrations of nitrogen (below 6 g/kg total solids (TS))
105 (Lindroos et al., 2017), co-digestion of the sedimented fibers with another waste rich in
106 nitrogen and alkalinity, like sewage sludge, can furthermore be an optimal option
107 (Syaichurrozi, 2017). In addition, co-digestion can enhance the methane volume, but at
108 the same time it might alter the digestate quality depending on the substrates and thus
109 affecting further treatability and reusability (Budysh-Gorzna et al., 2016; Tsapekos et
110 al., 2017).

111 The objective of the present study was to assess the feasibility of AD of sedimented
112 fiber in laboratory scale completely stirred tank reactors (CSTR) under four different
113 conditions in order to provide design parameters for planning the full-scale remediation.
114 The fiber sludge was studied as such, which was considered the simplest solution for
115 remediation. In order to assess the potential inhibition of the fiber sediments, diluted
116 fiber sediments were studied in two of the reactors with (feed pH adjusted to 7) and
117 without pH adjustment (pH between 4 and 5). Furthermore, co-digestion of the fiber
118 sediment with sewage sludge was studied as it was speculated that some digestion
119 capacity would be available in local sewage digesters. It was also hypothesized that in
120 co-digestion, sewage sludge can act as a source of buffer, trace elements and nutrients
121 and hence for future scale up co-digestion with sewage sludge could be considered.
122 Based on the ultimate goal of remediating the bay area this study is a continuation of a
123 previous study by Kokko et al., (2018), where the methane production potential of the
124 sedimented fibers was determined in batch assays.

125 **2. Materials and methods**

126 ***2.1. Sediment fiber samples, reactor feeds and inoculum***

127 The sediment samples were obtained from the bottom of a bay in Lake Näsijärvi
128 (Tampere, Finland) located near an old pulp and paper industry (Kokko et al. 2018).
129 Sedimented fiber samples were collected in May 2016 using an excavator bucket from
130 a sampling ferry (Ramboll Finland Oy) from three different sampling points and at three
131 different depths (between 0 and 6 m, depending on the sediment height). The samples
132 were stored anaerobically in sealed plastic buckets at 6 °C for about 4 months.
133 Subsequently when starting the reactor studies, 10 L of each of the eight samples were
134 mixed and homogenized with a concrete mixer attached to a power drill. The mixture

135 was stored at 6 °C until used in feed preparation. After mixing, the density of the
136 sedimented fiber was 1200 kg/m³. The pH of the mixed sedimented fiber was low,
137 between 4-5, and TS and VS contents were 13.3 ± 0.8% and 12.6 ± 0.8%, respectively
138 (Table 1).

139 Municipal sewage sludge (thickened combined primary and secondary sludge, Table 1)
140 from Viinikanlahti wastewater treatment plant (Tampere, Finland) was used in co-
141 digestion experiments (R4). The inoculum was digestate from mesophilic anaerobic
142 digester treating the sewage sludge from the same wastewater treatment plant (Table
143 1). The sewage sludge and inoculum were used within two weeks of collection.

144 Trace elements and nitrogen were added to the reactors fed with fibers (R1, R2 and
145 R3), weekly from days 53 and 60 onwards, respectively. 10 mL of 40 g NH₄⁺/L solution
146 was added to the reactors (liquid volume 5-5.3 L) each week. 5 mL of the trace element
147 solution was added weekly and it contained (g/L): 0.05 CoCl₂·6H₂O, 0.1
148 Na₂SeO₃·5H₂O, 0.05 Na₂WO₄·2H₂O, 0.05 (NH₄)₆Mo₇O₂₄·4H₂O, 0.092 NiCl₂·6H₂O,
149 2.0 FeCl₂·4H₂O, 0.05 H₃BO₃, 0.05 ZnCl₂, 0.038 CuCl₂·2H₂O, and 0.05 MnCl₂·4H₂O
150 (modified from Angelidaki and Sanders, (2004)). Buffer was added in the form of
151 NaHCO₃ (3 - 4 g/L reactor liquid volume) on day 77 in R1 and day 63 in R2 and R3.

152 Table 1

153 ***2.2. Experimental set up***

154 AD studies were done in four CSTR with liquid volumes of 5.0 - 5.3 L (Fig. 1). The
155 reactor contents were mixed with a mechanical mixer that was on/off at 15 rpm for 30
156 min at a time. The gas generated during the AD were collected in 10 L aluminum gas
157 bags (SupelTM Inert Foil Gas Sampling Bags, Supelco, USA). The reactors were run in

158 fed-batch mode and feeding was done five times a week from the top of the reactor with
159 a tube going under the liquid level (Fig. 1), after the digestate was removed from the
160 bottom of the reactor. Due to some technical problems in reactor operation, feeding as
161 stopped for some individual days (shown in section 3.1). The reactors were operated at
162 $37 \pm 1^\circ\text{C}$ and the heating was realized with a water jacket.

163 Three of the four CSTRs were fed with sedimented fiber as such (R1) or diluted (R2,
164 and R3) (Table 2). The first reactor (R1) was fed with sedimented fiber with a longer
165 HRT of 60 d to have an OLR of $2.5 \text{ kg VS/m}^3\text{d}$. The second (R2) and third (R3) reactors
166 were fed with sedimented fiber that was diluted with tap water to an OLR of 1.5 kg
167 $\text{VS/m}^3\text{d}$ with an HRT of 30 d. In R3, the pH of the feed was adjusted from 4 to 5 to
168 around 7.0 with 1 M NaOH. The feed of the fourth reactor, used for co-digestion (R4),
169 was a mixture of sedimented fiber (25% by VS) and sewage sludge (75% by VS) with
170 a mass ratio of 1:15, which resulted in a carbon and nitrogen ratio (VS:N) in the range
171 of 18-22. The co-digestion reactor (R4) was initially operated with HRT of 30 d at
172 initial OLR of $1.0 \text{ kgVS/m}^3\text{d}$. On day 45, OLR was increased to $1.5 \text{ kgVS/m}^3\text{d}$ by
173 decreasing the HRT to 20 d.

174 Figure 1

175 Table 2

176

177 *2.3. Sampling, analyses and calculations*

178 The TS and VS content of the feed materials were analyzed every alternate week to
179 account for the change in solids content due to storage. From the reactor digestates, pH
180 was analyzed every weekday, soluble COD (sCOD) and volatile fatty acids (VFA) were

181 analyzed twice a week, and TS and VS were analyzed every alternate week. Biogas
182 volume and methane and carbon dioxide content in the biogas were measured 3-5 times
183 a week.

184 TS and VS were analyzed according to standards SFS-EN 14346 and SFS-EN 15169,
185 respectively. Digestate pH was measured with WTW ProfiLine pH 3210 meter and
186 SenTix 41 electrode. sCOD and VFA were analyzed after filtration (0.45 μm ,
187 Chromafil Xtra PET) according to standard SFS 5504 and protocol presented by Kokko
188 et al., (2018), respectively.

189 Methane content in the produced biogas was measured with Shimadzu GC-2014 gas
190 chromatograph with a thermal conductivity detector (TCD) and Porapak N80-100 mesh
191 column. Detector and injector temperatures were 110 °C and oven temperature was 80
192 °C. Carrier gas was nitrogen with a flow rate of 20 mL/min. The gas volume in the gas
193 bags was measured using water replacement method. Air temperature and pressure
194 were monitored throughout the experiment and methane production results were
195 converted to STP conditions (0 °C, 1 bar).

196 The total kjeldahl nitrogen in the samples was analyzed with Kjeldahl nitrogen method
197 with the instructions from FOSS. $\text{NH}_4^+\text{-N}$ was measured with an ammonium electrode
198 (Orion 9512HPBNWP) from the liquid phase separated by centrifugation (4000 rpm,
199 17 min). $\text{PO}_4^{3-}\text{-P}$ was analyzed with Hach Lange kits (LCK349) according to the
200 instructions.

201 The OLR and HRT was calculated for seven days, although the reactors were fed on
202 five working days a week except three individual days (Fig. 2), hence the actual OLR
203 during the weekdays was 1.4 times the average while the HRT was shorter. After
204 addition of nitrogen VS:N ratio was calculated on the weekly average of VS and

205 nitrogen added. Theoretical calculations were made to get an idea of total time and
206 reactor volumes or number of reactors needed to treat the entire volume of the
207 sedimented fiber using mono-digestion or co-digestion at different OLR. Single reactor
208 volume of 5000 m³ was assumed to make the calculations.

209 **3. Results and discussion**

210 ***3.1. Overall performance of the reactors***

211 The operational pH during reactor operation and average weekly methane yield along
212 with methane content is shown in Fig. 2, and digestate sCOD and VFA in Fig. 3. The
213 summary of overall reactor performance is reported in Table 3. The pH (Fig. 2B) of the
214 digestate in the reactor treating sedimented fiber as such without dilution (R1) showed
215 a decreasing trend from an initial value above 7 to 6.3 during the first 50 days of
216 operation. Most of the time the pH was 0.1 - 0.3 units lower in reactor treating diluted
217 fiber without pH adjustment (R2) than in reactors treating non-diluted fiber (R1) and
218 pH adjusted diluted fiber (R3). When the pH of the digestate dropped below 6 around
219 day 63 in reactor fed with diluted fiber (R2 and R3), buffer was added to both the
220 reactors in the form of NaHCO₃ (3 - 4 g/L reactor volume), which increased the pH up
221 to around 6.7. Buffer was added to R1 on day 77 when its pH dropped below 6, which
222 again brought the pH to around 7. The pH was around 7.1 for the co-digestion
223 experiment (R4) during the whole operation time showing the buffering ability of
224 sewage sludge co-digestion in AD systems (Sosnowski et al., 2008).

225 Figure 2

226 The daily methane production typically followed the weekly feeding cycle with slightly
227 increasing yield along the weekdays (data not shown). Similarly, methane content
228 followed weekly feeding cycle in the mono-digestion reactors (R1, R2 and R3) ranging

229 from 45 to 55%, while methane content in the co-digestion reactor (R4) varied less and
230 was around 61% (Fig. 2C). The weekly average methane yield after one month of
231 operation was around 160 L/kg VS for the reactors fed with sedimented fiber (Fig. 2B).
232 The methane yields were observed to follow a decreasing trend with time and reached
233 below 130 L/kg VS for the non-diluted fiber (R1) on day 70 and below 100 L/kg VS
234 for the diluted fiber reactors (R2 and R3) on day 53. Weekly trace element addition
235 from day 53 did not have any impact on methane yield. The ammonium nitrogen
236 content was less than 10 mg/l in all the fiber treating reactors, as measured on day 58,
237 and subsequently weekly nitrogen addition was started on day 60, after which pH
238 dropped below 6 and VFA accumulated and reached up to almost 1 g/L. After addition
239 of buffer on day 63, the methane yield improved again in the two reactors fed with
240 diluted fiber (R2 and R3) and regained the former values of around 170 L/kg VS.
241 Similar effect of weekly buffer addition from day 77 in the reactor treated non-diluted
242 fiber (R1) could be observed where the methane yield increased to around 200 L/kg
243 VS. On contrary to the mono-digestion, co-digestion showed less fluctuating methane
244 yield during the whole run ranging from 230 to 270 L/kg VS without clear impact of
245 the OLR (1.0 - 1.5 kgVS/m³d) nor HRT (30 and 20 d). Low nitrogen content in the
246 fiber was limiting biodegradation of the organic matter present in the first 60 days of
247 operation, i.e. before addition of nitrogen (Table 3).

248 In the beginning of the reactor operations, VFAs of the digestates were below detection
249 limit except for a short period in the reactor treating diluted and pH adjusted fiber (R3).
250 Some VFAs started to accumulate in the mono-digestion reactors R2 and R3 after
251 initiation of weekly nitrogen addition (day 60) (Fig. 3), probably due to enhanced rate
252 of hydrolysis and/or acidogenesis of complex organic matter followed by organic acid
253 production. Although nitrogen addition immediately improved hydrolysis, the effects

254 on methanogenesis followed after three days. Accumulation of VFA was also
255 accompanied by dropping of pH (below 6) in the reactors. Then methane production
256 started and VFAs were consumed with weekly buffer addition after day 63. No VFAs
257 could be detected in the digestate of co-digestion reactor (R4) throughout the study.
258 The sCOD in the digestates after 1-2 months operation, when VFAs were below
259 detection limit, was highest in reactor fed with non-diluted fibers (R1) (sCOD, $1.04 \pm$
260 0.27 g/L) as compared to the ones fed with diluted fibers with digestate sCODs $0.7 \pm$
261 0.3 g/L and 0.5 ± 0.3 g/L for R2 and R3, respectively). Due to the dilution of the feed
262 the sCOD values of digestate from R2 and R3 were around the expected values of
263 almost half than that of R1. The co-digestion digestate (R4) had similar or slightly
264 higher sCOD (0.7 ± 0.1 g/L) than the reactors with diluted fiber suggesting higher non
265 degradable sCOD of the sewage sludge (Fig. 3). The digestate sCODs increased in
266 parallel when VFA was detected in the digestates.

267 Figure 3

268 Maximum VS destruction of $54 \pm 7\%$ could be attained with non-diluted sedimented
269 fiber (R1) at an OLR of 2.5 kg VS/m³.d and HRT of 60 d (Table 3). VS destruction was
270 around 45% with diluted sediments (R2, R3), suggesting that similar or even higher VS
271 destruction is feasible with non-diluted fiber than with diluted one. The VS destruction
272 was lowest in co-digestion experiments (31%) operated at an OLR of 1 kg VS/m³.d
273 possibly due to low biodegradability of microbial biomass present in sewage sludge
274 (Appels et al., 2008), which formed the bulk (75% VS) of the substrate in R4.

275 The digestates from mono-digestion of sedimented fiber as such (R1) and co-
276 digestion process (R4) had 700 - 900 mg/L nitrogen of which ammonium contributed
277 more than 70 to 95%, respectively. Phosphate concentration of the two digestates was

278 160 - 170 mg/L, of which less than 4 mg/L was in soluble fraction. The fiber sediment
279 had originally low nitrogen content (240 mg/L of N) and thus its value as fertilizer in
280 agriculture directly is apparently limited. While sewage sludge would have heavy
281 metal and organic trace contaminants in its digestate, the sedimented fiber would
282 contain traces of chemicals originating from the pulping process (Lindroos et al., 2017).
283 Hence, while considering the use of the digestates from these processes due attention
284 to these different contaminants should be given.

285 Table 3

286 ***3.2. Performance summary and comparison to other studies***

287 As there are no previous studies available on the anaerobic digestion of sedimented
288 fiber originating from pulp and paper mill in long-term reactor experiments, the results
289 of the present study are compared to results from the anaerobic digestion of primary
290 pulp and paper mill sludge as well as with mixed sludge. Methane yields of the
291 sedimented fiber as such were slightly lower (201 L/kg VS) than that reported by Bayr
292 and Rintala, (2012) using primary sludge (240 L/kg VS) (Table 3). During the reactor
293 runs, the maximum weekly average methane yield of 223 L/kg VS (day 43 to 49) was
294 obtained from the non-diluted fiber reactor (R1) after addition of buffer. This methane
295 yield is slightly lesser than the methane yield of 250 ± 80 L CH₄/kg VS of the
296 sedimented fibers previously obtained in batch assays by Kokko et al., (2018). The
297 present results suggest that for sedimented fiber, OLRs of 2.5 kg VS/m³d with pH
298 control and nitrogen supplement can result in a methane yield close to the batch studies
299 reported by Kokko et al., (2018). However, to sustain this methane yield regular control
300 of pH and addition of nutrients, especially nitrogen, is necessary as observed from the
301 results of the present study. Maximum weekly average methane production was 201

302 L/kg VS and 179 L/kg VS for the reactors fed with non-diluted and diluted sedimented
303 fiber, respectively.

304 The highest methane yield of 280 L/kg VS (average 262 ± 19 L/kg VS) at an OLR of 1
305 kg VS/m³.day in R4 (co-digestion with sewage sludge) indicates the possibility of co-
306 digesting sedimented fiber with sewage sludge. Co-digestion with a complementary
307 substrate like sewage sludge has been reported to improve methane yield from kitchen
308 waste (De Vrieze et al., 2015; Ratanatamskul et al., 2014), fruit waste (Fonoll et al.,
309 2015), fatty waste (Li et al., 2015; Tandukar and Pavlostathis, 2015) etc. The major
310 reasons speculated by researchers for improvement in methane production while using
311 sewage sludge as a co-substrate could be dilution and buffering ability, presence of
312 micro-nutrients and constant source of an inoculum (De Vrieze et al., 2015). Higher
313 methane yield in R1 with higher OLRs rules out the role of sewage sludge as a diluting
314 agent. Also, addition of trace elements, nitrogen and pH control in the reactors with
315 sedimented fiber only (R1, R2 and R3) could not result in such high methane yield as
316 R4 with sewage sludge as co-substrate. Lower VS destruction coupled with higher
317 methane production indicates presence of high methane containing compounds,
318 probably fatty and greasy materials in the readily biodegradable material of sewage
319 sludge (De Vrieze et al., 2015). However, with co-digestion there is a lot more digestate
320 in the end that has to be dealt with and the digestate is totally different from the digestate
321 from AD of sewage sludge or sedimented fiber only.

322 VFAs are intermediary products formed during the fermentation of complex organic
323 materials in the acidogenesis stage of anaerobic digestion. Under typical operation in
324 anaerobic digestion, VFA accumulation beyond 50 to 250 mg/L as acetic acid resulting
325 from some type of microbial species imbalance, caused by factors such as overloading,

326 toxicity and nutrient deficiency leads to making acetogenesis and methanogenesis a rate
327 limiting step (Chatterjee et al., 2017; Mussoline et al., 2012). Accumulation of VFAs
328 in the reactors after nitrogen supplementation indicates that nitrogen addition improved
329 the hydrolysis and/or acidogenesis step. This resulted in lowering of pH below 6, due
330 to low buffering ability of the sedimented fiber. Future experiments designed to study
331 the role of pH adjustment as well as addition of ammonium and trace compounds could
332 be useful to determine the loading potential and long term operation of the process.

333 Pulp and paper mill sludge contains high amount of lignin, cellulose and hemicellulose,
334 of which cellulose is reported to be degraded well by anaerobic micro-organisms (Bayr
335 and Rintala, 2012). The previous results suggest a relatively high biodegradability of
336 the sedimented fibers with VS removal of 61 - 65% (Kokko et al., 2018) which is also
337 reflected in the CSTRs operated with non-diluted fiber in this study with a VS removal
338 of around 54%. For pulp and paper mill sludge VS removal in the range of 13 to 40%
339 has been reported previously (Bayr and Rintala, 2012; Veluchamy and Kalamdhad,
340 2017a).

341 ***3.3. Scaling up the digesters***

342 In this study, anaerobic treatment of sedimented fibers collected from bay that had
343 received pulp and paper mill wastewater for decades was shown to be feasible in semi-
344 continuous anaerobic digesters (CSTR). Based on the results (R1) it is assumed that
345 OLR of 2.5 kg VS/m³d and HRT of 60 d would be feasible, even though the run lasted
346 only 1.5 HRTs, as the highest weekly average methane yield of 223 L CH₄/kg VS was
347 obtained with this feedstock. It can be speculated that for sedimented fiber, OLRs above
348 2.5 kg VS/m³.d would be feasible with a shorter HRT and nutrient and buffer addition,
349 because no process imbalance was observed in the performance of the reactors and no

350 VFA was detected in the digestate. In addition, dilution of sedimented fiber did not
351 improve process performance. During co-digestion of sedimented fiber with sewage
352 sludge higher methane production and stable performance at an OLR of 1.5 kg VS/m³.d
353 suggests feasibility of the process and also indicates the possibility of increasing the
354 OLR. However, while scaling up these reactors, consideration needs to be given to both
355 waste treatment and methane production to reach to an economic solution for the
356 remediation of sedimented fiber and the usage of digestate.

357 Scaling up of AD treating sedimented pulp and paper fiber would probably need shorter
358 HRT and higher OLR without compromising the reactor stability. The process stability
359 of an anaerobic digester is dependent on the balance between microorganisms, which
360 are known to be vulnerable, e.g., to inhibition by high VFA or ammonia or changes in
361 the process variables like OLR (Chatterjee et al., 2017; McLeod et al., 2015; Tampio
362 et al., 2016). Thus, increasing OLR can lead to a process imbalance, accumulation of
363 VFAs and a decrease in methane production if the retention times are not sufficient for
364 microbial growth (Chatterjee et al., 2017; Regueiro et al., 2015). Increasing OLR up to
365 2.5 kg VS/m³.d in the reactor fed with non-diluted sedimented fiber (R1) did not result
366 in any of the process imbalances mentioned above, suggesting the possibility of further
367 increasing the OLR in CSTRs treating sedimented fibers.

368 There is approximately 1.5 million m³ sedimented fibers accumulated in the studied
369 bay area in Lake Näsijärvi, Finland. In Figure 4, the time required to treat the entire
370 quantity of sedimented fiber is estimated. The estimations are done based on the two
371 best results obtained in this study: 1) anaerobic treatment of non-diluted sedimented
372 fibers at an OLR of 2.5 kg VS/m³.d and 2) anaerobic treatment of sedimented fibers
373 with co-digestion of sewage sludge. Assuming a reactor volume of 5000 m³, to treat

374 the entire volume at an OLR of 2.5 kg VS/m³.d in eleven years, four reactors would be
375 needed, while the same number of reactors can treat the waste in less than 9 years if
376 operated at an OLR of 5 kg VS/m³.d. Stable operation of AD at such high OLRs of
377 around 5 kg VS/m³.d has been reported for treating high solid containing waste like
378 dewatered sewage sludge (Nges and Liu, 2010). Also it is interesting to note that the
379 volume or number of digesters required to treat the entire mass of sedimented fiber does
380 not follow a linear trend with the time required for treatment, rather it is an asymptotic
381 curve. Hence, it is possible to decide on a break-even point to minimize costs by treating
382 the fibers at the shortest time as possible and with the lowest capital costs. Assuming
383 that nine digesters are used for co-digestion, operated at an OLR of 2.5 kg VS/m³.d and
384 HRT of 30 d, all of the sedimented fibers could be treated in 5.5 years when using a 1:1
385 mass ratio (5:1 VS ratio) with sewage sludge, which would increase to 17.5 years if a
386 mass ratio of 1:15 (1:3 VS ratio) is used. A major reduction in required reactor numbers
387 could be achieved by increasing the treatment time to at least 5 years (Fig. 4).
388 Depending on budget and available facilities decisions on OLR, co-digestion and actual
389 treatment time can be decided. The existing facilities could be utilized to treat a part of
390 the fibers.

391 Decreasing pH and VFA accumulation with time has been commonly reported in
392 anaerobic digesters (Appels et al., 2008). Thus, two-stage anaerobic digestion instead
393 of one stage process is often recommended to have production of VFAs in the first
394 reactor, which prevents accumulation of acids in the methanogenic phase under, e.g.,
395 increased OLRs (Banks and Humphreys, 1998). Future experiments can be designed to
396 explore the possibility of using such two-stage treatment procedure for sedimented
397 fibers. Alternative reactor designs and set-ups could be considered, e.g. for solid and

398 liquid fractions produced from sedimented fiber using mechanical dewatering
399 equipment.

400 Figure 4

401 **4. Conclusions**

402 Anaerobic treatment of decades old sedimented fiber, from pulp and paper mill,
403 collected from the bottom of a bay was studied in this paper. Process operation at an
404 OLR of 2.5 kg VS/m³.d treating non-diluted sedimented fibers with nitrogen and buffer
405 supplement achieving around 60% VS destruction and methane yield of around 200
406 L/kg VS was shown feasible. The reactor studies showed that the fibers can be used as
407 such without any form of dilution. High methane yield of around 250 L/kg VS and
408 stability of process during co-digestion with sewage sludge opens the option of using
409 already existing sewage sludge digesters for remediating these fibers. Stable operation
410 and good quality digestate indicates possibility of operating digesters at even higher
411 organic loading, which would decrease the required digester volume from 20000 m³ to
412 13000 m³, to remediate the 1.5 million m³ of sediments in 10 years.

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554

555 **Figure captions**

556 Figure 1. Schematic representation of the CSTR reactors used in the experiments (All
557 dimensions are in mm)

558 Figure 2: (A) Weekly OLR, (B, C) weekly methane yield, and (D) pH in the CSTRs
559 (R1: Sedimented fiber, R2: Diluted sedimented fiber, R3: Diluted sedimented fiber pH
560 7, R4: Co-digestion) (The drop in OLR around day 49 was due to non-feed conditions
561 for technical problems)

562 Figure 3: (A) sCOD, (B) VFA in the CSTR digestates

563 Figure 4: (a) Total reactor volume with increase in treatment time at different OLRs,
564 (b) Treatment time required with increasing OLR while co-digesting sedimented fiber
565 with sewage sludge at different dilutionsu using nine reactors, (c) Number of digesters
566 required (assumed volume of 5000 m³) with increase in treatment time at different
567 OLRs.

568 Table 1. Characteristics of the feed materials and inoculum

Feed/inoculum	TS (%)	VS (%)	VS/TS (%)	sCOD (g/L)	TN (mg/L)	PO₄²⁻-P (mg/L)	VS:TN
Sedimented fibers	13.3	12.6	94.4	3.58	240	41.7 ^a	420
Sewage sludge	3.7	2.5	68.1	1.31	1210	716	17
Inoculum	3.0	1.7	54.3	0.53	1425	431	11

569 ^a Lindroos et al., 2017

570

571 Table 2. The feed compositions and operational parameters of the four reactors (the
572 values reported are average with standard deviations).

Reactor	Feed	TS (%)	VS (%)	VS:TN	HRT (d)	OLR (kg VS/m³d)	Days of operation
R1	Sedimented fiber	13.0 ± 0.5	12.3 ± 0.5	184 159 (after N addition)	60	2.5	91
R2	Diluted sedimented fiber	4.5 ± 0.2	4.2 ± 0.2	62 51 (after N addition)	30	1.5	77
R3	Diluted sedimented fiber, pH 7	4.5 ± 0.2	4.2 ± 0.2	62 51 (after N addition)	30	1.5	77
R4	Co-digestion	4.0 ± 0.4	2.8 ± 0.3	20	30 20	1.04 1.5 (days 45-91)	42 49

573 Weekly nitrogen and trace element additions in R1-R3 were started on days 53 and 60, respectively.

574 Table 3: Overall performance of the CSTRs treating fiber sediments and
 575 comparison with literature (the values reported are average along with
 576 standard deviations)

	Days	Digestate			VS reduction (%)	Average Methane yield (L/kg VS)	Methane content (%)	Reference
		TS (%)	VS (%)	sCOD (g/L)				
R1 (Sedimented fiber)	50 - 70	6.9 ± 0.5	5.9 ± 0.4	0.8 ± 0.1	54 ± 7	157 ± 29	52 ± 3	This study
R1 (after nutrient addition and pH correction)	78 - 91	5.9 ± 1.3	5.0 ± 1.2	0.8 ± 0.1	65 ± 5	201 ± 18	55 ± 1	This study
R2 (Diluted sedimented fiber)	22 - 49	2.7 ± 0.4	2.3 ± 0.2	0.6 ± 0.2	46 ± 5	144 ± 27	50 ± 2	This study
R2 (after nutrient addition)	64 - 77			0.8 ± 0.2		167 ± 19	60 ± 4	This study
R3 (Diluted sedimented fiber pH 7)	15 - 49	3.0 ± 0.5	2.3 ± 0.1	0.5 ± 0.1	43 ± 5	161 ± 10	54 ± 4	This study
R3 (after nutrient addition)	64 - 77			0.6 ± 0.1		179 ± 47	50 ± 2	This study
R4 (Co- digestion, OLR 1.0 kg VS/m ³ .d)	29 - 44	2.9 ± 0.7	2.4 ± 0.8	0.6 ± 0.1	27 ± 7	262 ± 19	61 ± 2	This study
R4 (Co- digestion, OLR 1.5 kg VS/m ³ .d)	50 - 91	2.2 ± 1.2	1.3 ± 0.7	0.7 ± 0.1	37 ± 14	246 ± 10	62 ± 1	This study

Primary sludge	1.9 ± 0.1	2.9 ± 0.4	40	240	(Bayr and Rintala, 2012)
Mixture PS and WAS			41 % VSS	90 L/kg VSS	(Puhakka et al., 1988)
Mixture municipal sludge, PS and WAS (Bench scale)			27	185	(Jokela et al., 1997)

577 PS – primary sludge, WAS – waste activated sludge

578